

## **CHINMAYA VIDYALAYA N.T.P.C. UNCHAHAR**

**Dated : 30.3.2020**

With reference to Honorable D.I.O.S. Raebareli letter No.Vividh/covid/965-71 dated 28-3-2020.

Appeal of Chinmaya Vidyalaya N.T.P.C. Unchahar and action taken by the students is attached herewith.

We appeal to the people the following against the Corona virus.

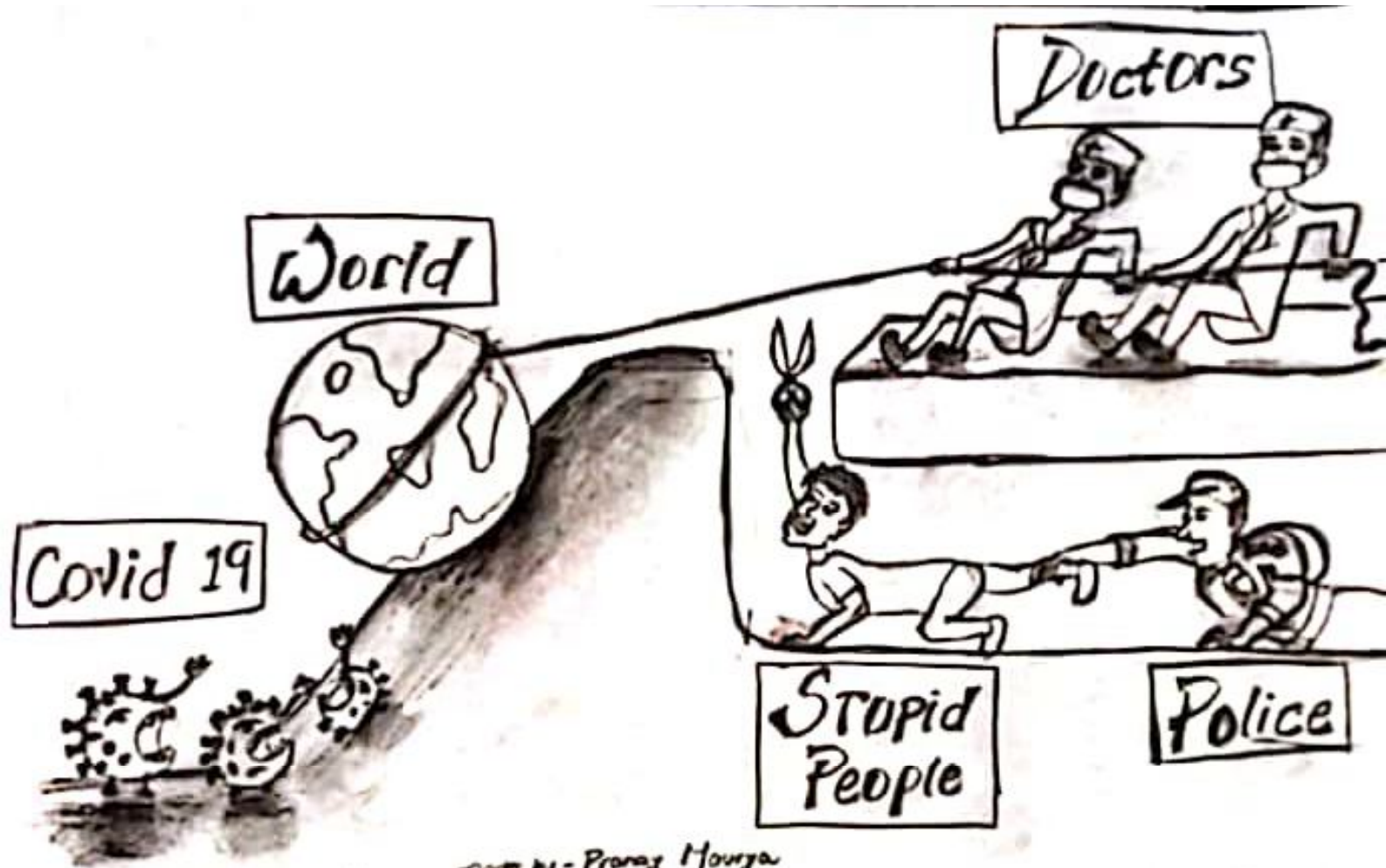
1. Lockdown period is on. So please stay in your homes.
2. Please wash your hands for approximately 20 seconds many times.
3. Use mask while you are in your home or outside.
4. Use sanitizer after touching anything outside.
5. Please do not touch your mouth, nose and eyes.
6. If you go to the shop or outside please keep distance of approx. 1 meter.
7. When you come to your home from market; do not touch anything. Please wash your hands, remove your cloths and wash it.
8. Please take sun bath.
9. Please drink hot water.
10. All people living in other states are requested to stay there. Our Chief Minister has requested to provide all facilities like food and shelter to the Government of other states.

11. Doctors and nursing staff are working continuously. So please follow lockdown.

12. Corona Virus spreads when infected person comes between other people whether they are of his family or other.

13. We appeal to the people to go to the hospital whenever you feel any type of sickness.

14. Teachers & staff are requested to send this message to their friends, relatives & known personnel.



made by - Pranay Maurya  
Class - 11<sup>th</sup>  
Chinmoya Vidyalaya

pranay maurya

# 'CORONA' की लड़ाई

आ ही गए हाँ तो नज़रों भी चुरा सकते नहीं,  
हाथ जोड़कर करते हैं स्वागत,

हाथ हम मिला सकते नहीं,

परन्तु है अतिथियों का सत्कार करने की,

इसलिए नज़रों तुमसे चुरा सकते नहीं,

हाथ जोड़कर करते हैं स्वागत,

हाथ हम मिला सकते नहीं,

तुम्हारे आने से देश में मायूसी भी छाई है,

जैसे एक बांधी, काली पटा धारी है,

फिर भी नहीं डरेंगे तुमसे,

क्योंकि चिकित्सा पद्धति सबसे पहले भारत में ही आयी है,

निपटने का तुमसे हर सम्भव प्रयास जारी है,

तुमने तो फैला दिया अपना कहर,

अब निपटने की आर्य तुमहारी बारी है,

निकाल निकेंगे तुमको इस देश की जड़ों से हम,

जैसे तुम कभी यहाँ आये ही न थे,

डॉक्टर की मेहनत से बेफिक्र हो जाऊगा

यहाँ का हर एक नागरिक !!!



- Soumya Mishra

- 8<sup>th</sup> 'B'

- Chinnmaya Vidyalaya



# CORONAVIRUS (COVID-19)



को = कोई  
रो = रोड पर  
ना = ना निकले



**Coronavirus disease 2019 (Covid-19)** is an infectious disease caused by severe acute respiratory syndrome **Coronavirus 2 (SARS-COV2)**. The disease was first identified in 2019 in **Wuhan, the capital of China's Hubei province**. The **Coronavirus** is a family of viruses that can cause a range of illnesses in human including common cold and more severe forms like **SARS** and **MERS** which are life threatening. The virus is named after its shape which takes the form of a crown with protrusions around it and hence is known as **Coronavirus**. The WHO has declared the **Covid-19** outbreak as a pandemic. The epicentre of the virus outbreak was **Wuhan**. The virus has spread to all continents now, except Antarctica. The virus is mainly spread during close contact and via respiratory droplets produced when people cough or sneeze. The standard method of diagnosis is by reverse transcription polymerase chain reaction from a nasopharyngeal swab. Recommended measures to prevent infection include frequent hand washing, social distancing. **Covid-19** vaccine is still not available in the world.

SHUBHI GUPTA

7<sup>th</sup>-A

CHINMAYA  
VIDYALAYA



## Corona Virus

COVID-19 can be transmitted by people with the virus coughing or sneezing, releasing tiny contaminated droplets into the air, putting anyone within range in danger of inhaling them. These droplets can travel more than a metre from the infected person, allowing them to be transferred to anyone that touches the surface.

① Avoid touching your eyes, nose and mouth.

② Wash your hands regularly. Name - Alisha Panda  
Class - 5<sup>th</sup> B

③ Practise respiratory hygiene. School - Chirmaya Vidyalaya.

④ Maintain social distancing. NTPC Unchahar.

⑤ Stay informed.



- ① ली आखिर मैंने लिख ही दी, पीड़ा विश्व के मानव तब  
ली लिखा ही कविता मैंने, धरती पर उगाए दानत की  
लिख दिया लेखनी से मैंने, महागारी का काला पस्त्र  
मानव की कुछ झूलों से, कैसे निकला मानव का ढगा
- ② संस्कारों को भूल गए और पाश्चात्य को अपनाशा  
जो काम कभी करते थे हम, उनको हमने बिखरा  
कण्ड, भूल, फूल, फल भूल गए हम, लोग पास हमें भाया  
फिर कोरीना के चक्कर में, हर कोई देखी पक्षताया
- ③ यदि बढ़ानी है प्रतिरक्षा, तो नित्य प्रति व्यागाम करें  
हर घंटे साबुन से, हाथों का स्नान करें  
कोरीना से लड़ना है तो, कफर्यू जाम जरूरी है।
- ④ और जरूरी है अपना पुरातन संस्कृति को  
हाथ मिलाना घौड़ आज, नमस्ते वाली रीति को  
यदि बचना इससे है तो, स्क अनूठी ढाल जरूरी  
जब भी हीको, खांसो तुम, मुँह पर रुमाल जरूरी है।

सौम्या मिश्रा  
पुत्री - सुरेन्द्र मिश्रा  
कक्षा - आठ - 'ब'  
चिन्मय विद्यालय  
एन. टी. पी. सी  
ऊँचाहार