

Chinmaya Vidyalaya  
NTPC Unchahar

**ANNUAL SYLLABUS  
BREAK UP**

SESSION: 2025-2026

**CLASS: PREP TO ONE**

**Subject : SPORT AND GAME**

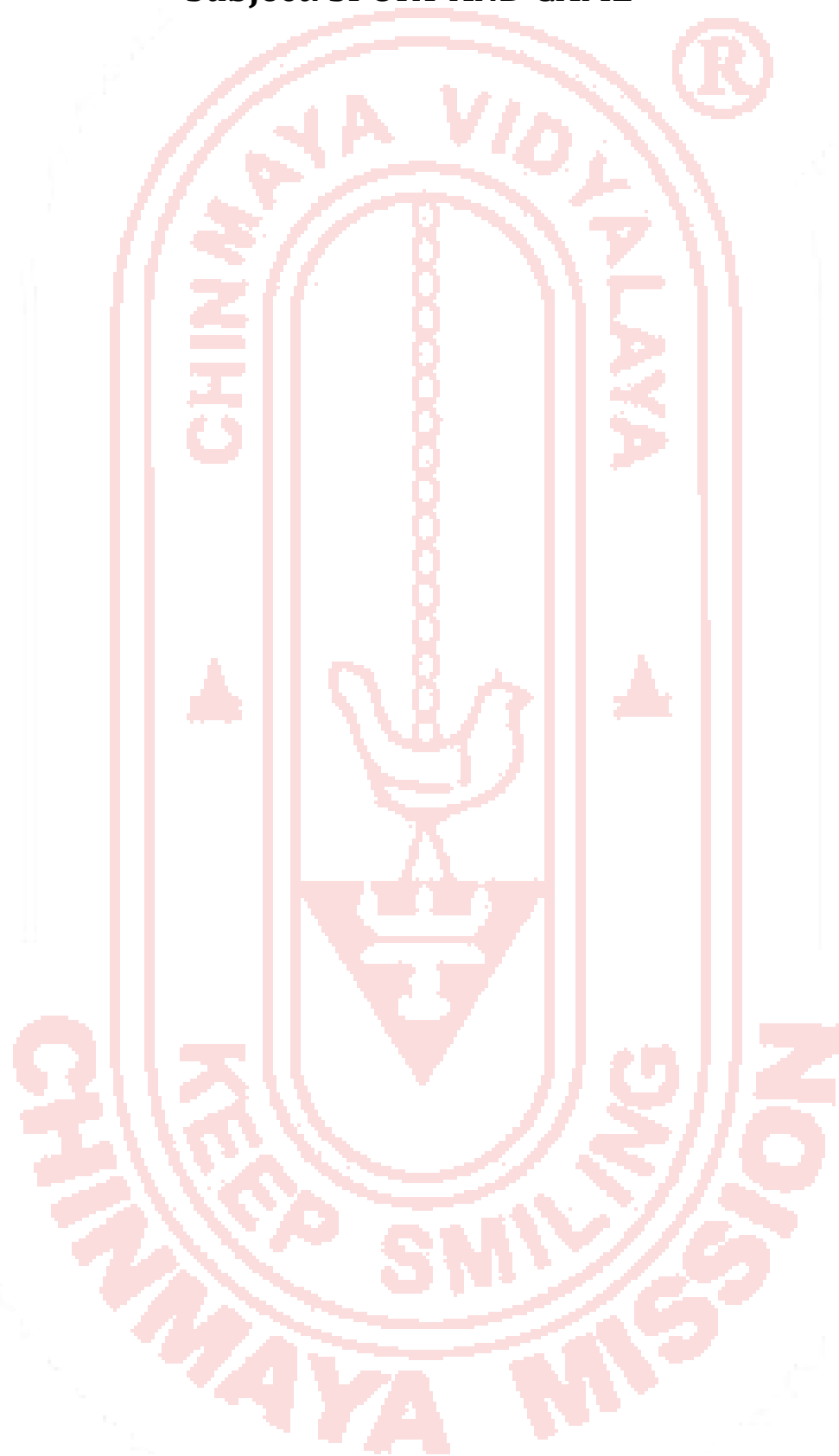
## Subject: SPORT AND GAME

Month	Week	Topics	Sub Topics	Activities
April	W1	<b>Running</b>	Basic Running, Speed, Endurance	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Short sprints (5 mins)</li> <li>- Obstacle course (10 mins)</li> <li>- Cool down (5 mins)</li> </ul>
April	W2	<b>Jumping</b>	Two-foot Jump, One-foot Jump	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Jumping on the spot (5 mins)</li> <li>- Jumping over small hurdles (10 mins)</li> <li>- Long jump practice (10 mins)</li> </ul>
April	W3	<b>Kicking</b>	Kicking a ball, Accuracy	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Kicking a stationary ball (5 mins)</li> <li>- Kicking a moving ball (10 mins)</li> <li>- Target kicking (10 mins)</li> </ul>
April	W4	<b>Catching</b>	Hand-eye Coordination, Catching Balls	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Tossing and catching a ball (5 mins)</li> <li>- Catching with partners (10 mins)</li> <li>- Group catching game (10 mins)</li> </ul>
April	W5			

## Subject: SPORT AND GAME

Month	Week	Topics	Sub Topics	Activities
May	W1	<b>Kicking</b>	Kicking a ball, Accuracy	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Kicking a stationary ball (5 mins)</li> <li>- Kicking a moving ball (10 mins)</li> <li>- Target kicking (10 mins)</li> </ul>
May	W2	<b>Catching</b>	Hand-eye Coordination, Catching Balls	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Tossing and catching a ball (5 mins)</li> <li>- Catching with partners (10 mins)</li> <li>- Group catching game (10 mins)</li> </ul>

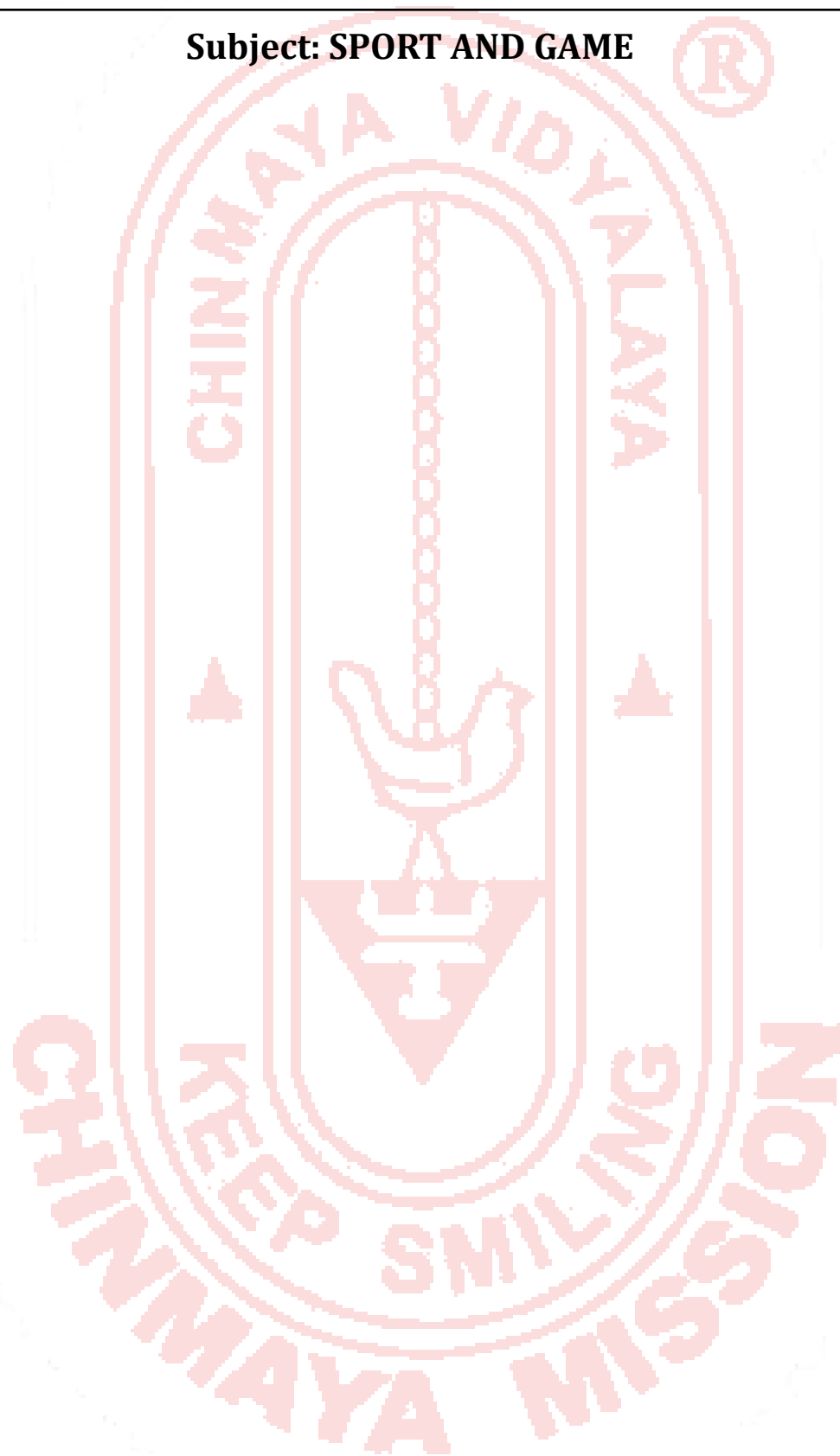
**Subject: SPORT AND GAME**



Month	Week	Topics	Sub Topics	Activities
JUNE	W1	<b>Jumping</b>	Two-foot Jump, One-foot Jump	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Jumping on the spot (5 mins)</li> <li>- Jumping over small hurdles (10 mins)</li> <li>- Long jump practice (10 mins)</li> </ul>

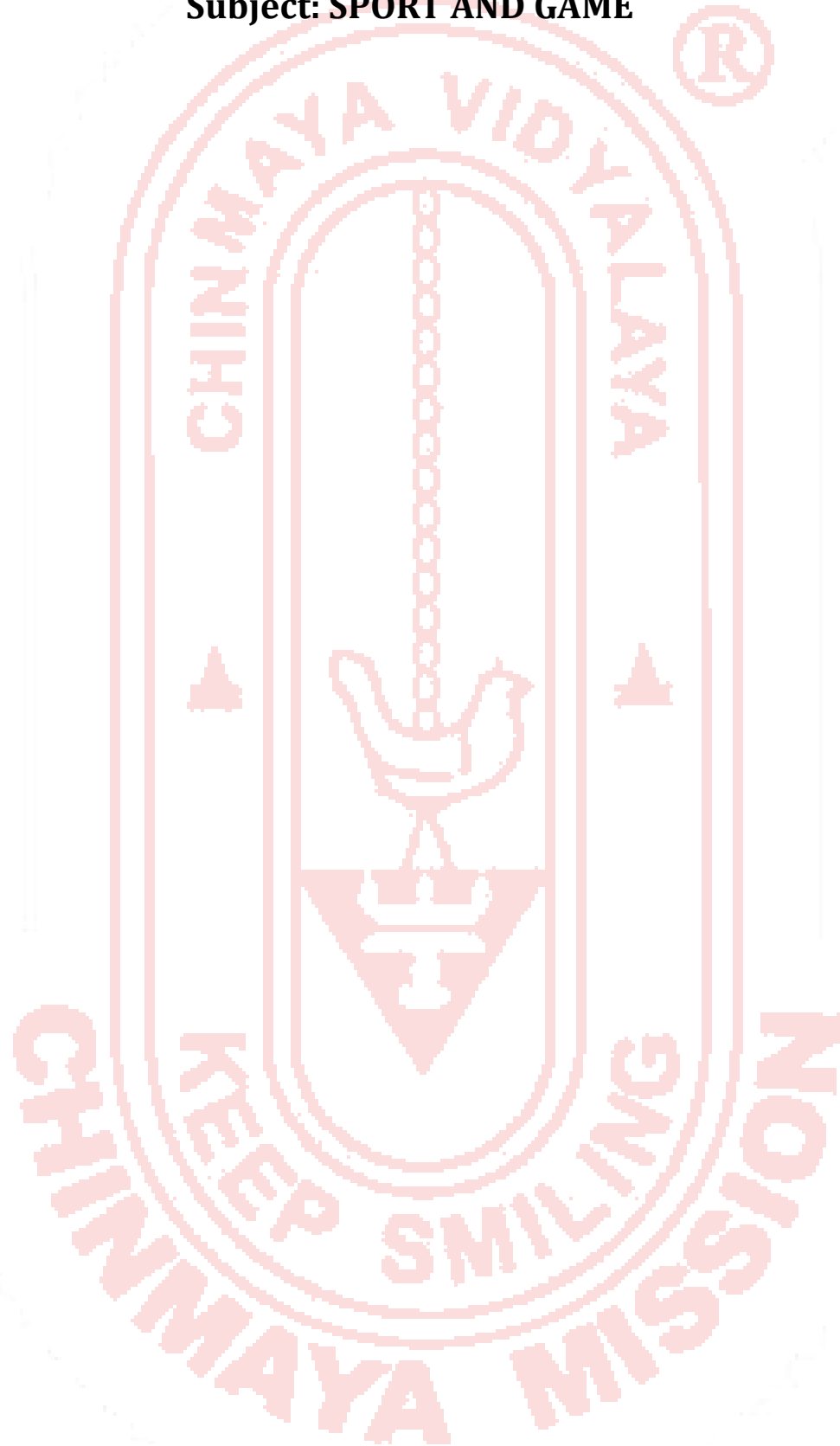


**Subject: SPORT AND GAME**



Month	Week	Topics	Sub Topics	Activities
JULY	W1	<b>Kicking, Catching</b>	Precision Kicking, Catching Games	- Warm-up (5 mins) - Kicking for accuracy (10 mins) - Catching with partners (10 mins) - Passing ball games (5 mins)
	W2	<b>Hopping, Wide Stepping</b>	Balance & Coordination	- Warm-up (5 mins) - Hopping drills (10 mins) - Wide stepping (5 mins) - Agility ladder drills (10 mins)
	W3	<b>Kicking, Catching</b>	Precision Kicking, Catching Games	- Warm-up (5 mins) - Kicking for accuracy (10 mins) - Catching with partners (10 mins) - Passing ball games (5 mins)
	W4	<b>Hopping, Wide Stepping</b>	Balance & Coordination	- Warm-up (5 mins) - Hopping drills (10 mins) - Wide stepping (5 mins) - Agility ladder drills (10 mins)
	W5	<b>Kicking, Catching</b>	Precision Kicking, Catching Games	- Warm-up (5 mins) - Kicking for accuracy (10 mins) - Catching with partners (10 mins) - Passing ball games (5 mins)

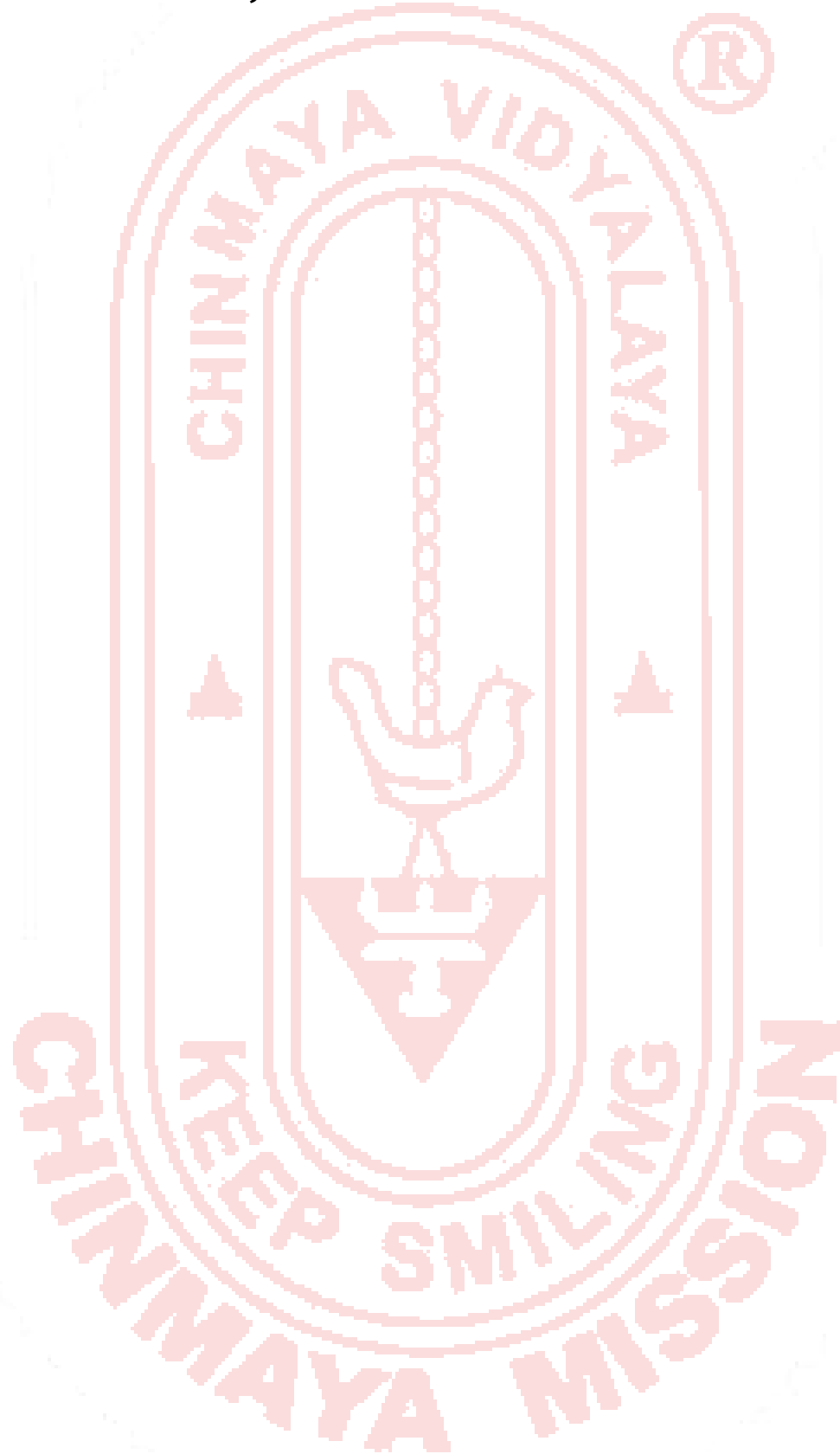
**Subject: SPORT AND GAME**





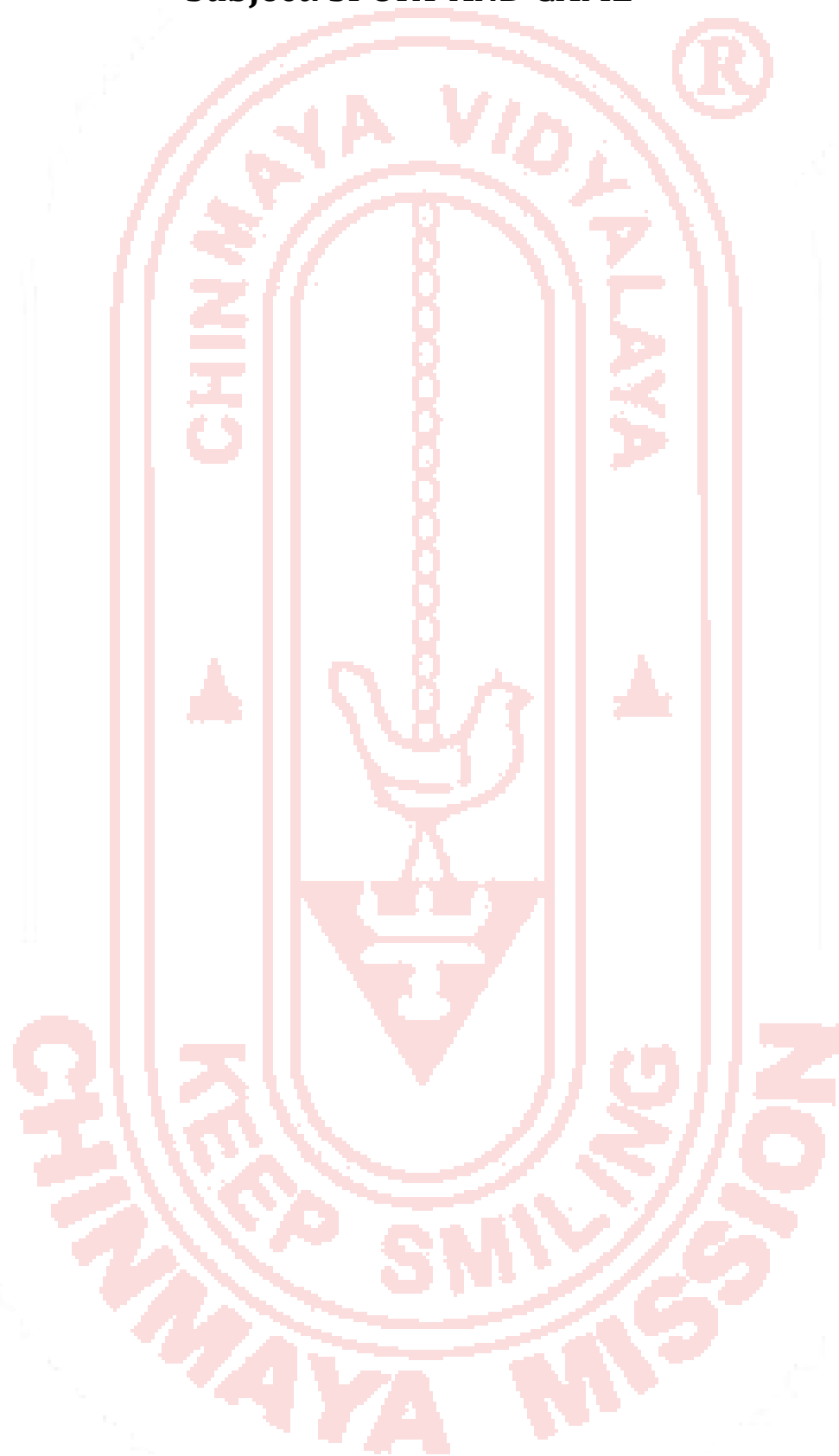
Month	Week	Topics	Sub Topics	Activities
AUGUST	W1	<b>Ladder Climbing</b>	Agility and Coordination	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Ladder climbing practice (10 mins)</li> <li>- Balance beam walk (5 mins)</li> <li>- Obstacle course (10 mins)</li> </ul>
	W2	<b>Balance</b>	Dynamic Balance Training	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Standing on one leg (5 mins)</li> <li>- Balance beam (10 mins)</li> <li>- Balance and coordination games (5 mins)</li> </ul>
	W3	<b>Ladder Climbing</b>	Agility and Coordination	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Ladder climbing practice (10 mins)</li> <li>- Balance beam walk (5 mins)</li> <li>- Obstacle course (10 mins)</li> </ul>
	W4	<b>Balance</b>	Dynamic Balance Training	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Standing on one leg (5 mins)</li> <li>- Balance beam (10 mins)</li> <li>- Balance and coordination games (5 mins)</li> </ul>
	W5	<b>Ladder Climbing</b>	Agility and Coordination	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Ladder climbing practice (10 mins)</li> <li>- Balance beam walk (5 mins)</li> <li>- Obstacle course (10 mins)</li> </ul>

**Subject: SPORT AND GAME**



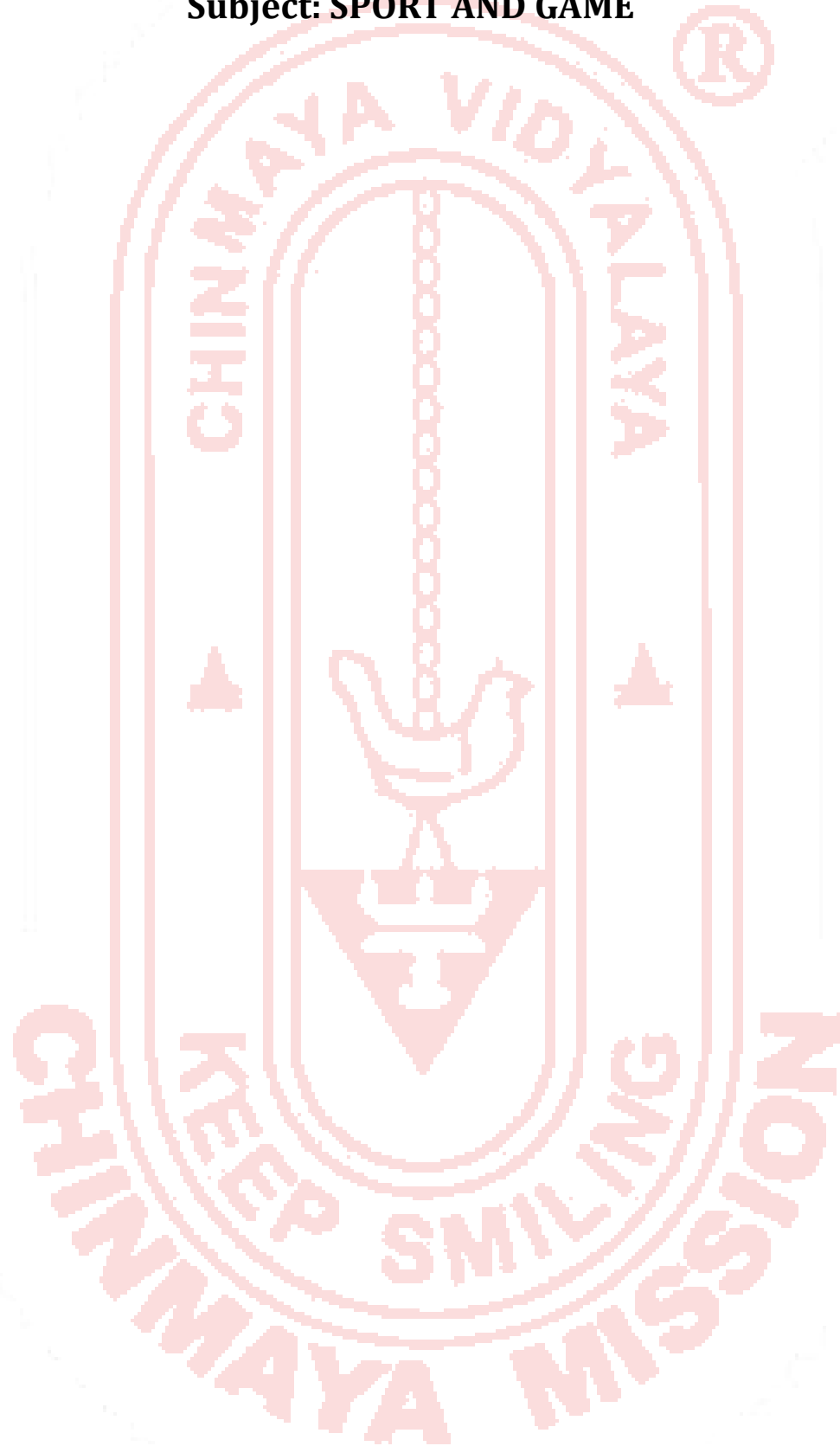
Month	Week	Topics	Sub Topics	Activities
SEPTEMBER	W1	<b>HALF YEARLY EXAM 10 SEP TO 23 SEP</b>		
	W2			
	W3			
	W4			
	W5			

**Subject: SPORT AND GAME**



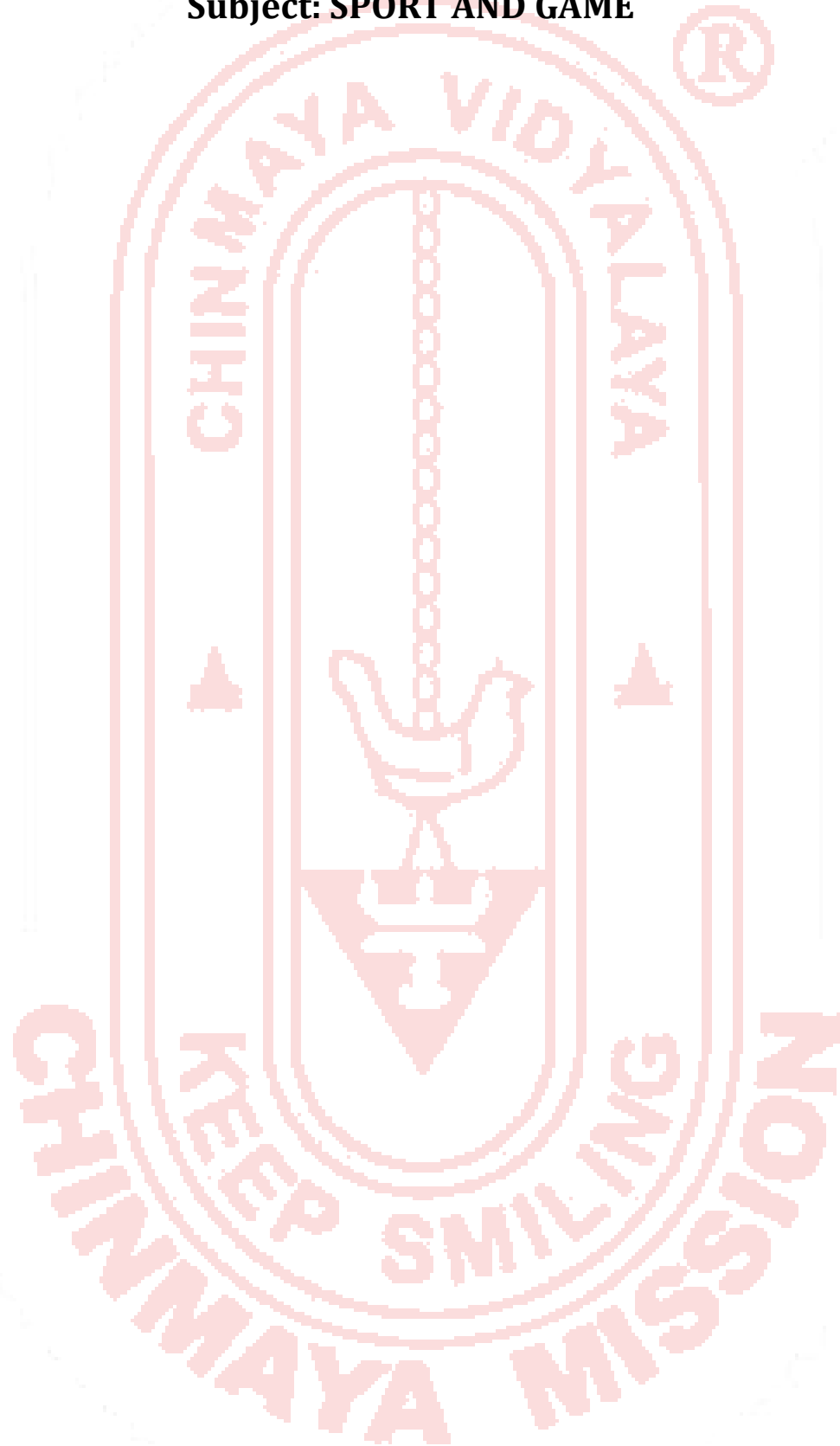
Month	Week	Topics	Sub Topics	Activities
OCTOBER	W1	<b>Recreational Activities</b>	Teamwork and Cooperation Games	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Relay races (10 mins)</li> <li>- Balloon toss (5 mins)</li> <li>- Group running game (5 mins)</li> </ul>
	W2	<b>Callisthenic Exercise</b>	Strengthening Upper Body (Push-ups)	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Push-ups (5 mins)</li> <li>- Squats (5 mins)</li> <li>- Upper body circuit (10 mins)</li> </ul>
	W3	<b>Recreational Activities</b>	Teamwork and Cooperation Games	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Relay races (10 mins)</li> <li>- Balloon toss (5 mins)</li> <li>- Group running game (5 mins)</li> </ul>
	W4	<b>Callisthenic Exercise</b>	Strengthening Upper Body (Push-ups)	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Push-ups (5 mins)</li> <li>- Squats (5 mins)</li> <li>- Upper body circuit (10 mins)</li> </ul>
	W5	<b>Recreational Activities</b>	Teamwork and Cooperation Games	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Relay races (10 mins)</li> <li>- Balloon toss (5 mins)</li> <li>- Group running game (5 mins)</li> </ul>

**Subject: SPORT AND GAME**



Month	Week	Topics	Sub Topics	Activities
NOVEMBER	W1	<b>Free Hand Exercise</b>	Stretching and Flexibility	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Full body stretches (10 mins)</li> <li>- Relaxation poses (5 mins)</li> <li>- Core work (5 mins)</li> </ul>
	W2	<b>Running, Jumping</b>	Speed and Agility Drills	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Sprint races (5 mins)</li> <li>- Jumping over hurdles (5 mins)</li> <li>- Running relay (5 mins)</li> </ul>
	W3	<b>Free Hand Exercise</b>	Stretching and Flexibility	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Full body stretches (10 mins)</li> <li>- Relaxation poses (5 mins)</li> <li>- Core work (5 mins)</li> </ul>
	W4	<b>Running, Jumping</b>	Speed and Agility Drills	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Sprint races (5 mins)</li> <li>- Jumping over hurdles (5 mins)</li> <li>- Running relay (5 mins)</li> </ul>
	W5	<b>Free Hand Exercise</b>	Stretching and Flexibility	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Full body stretches (10 mins)</li> <li>- Relaxation poses (5 mins)</li> <li>- Core work (5 mins)</li> </ul>

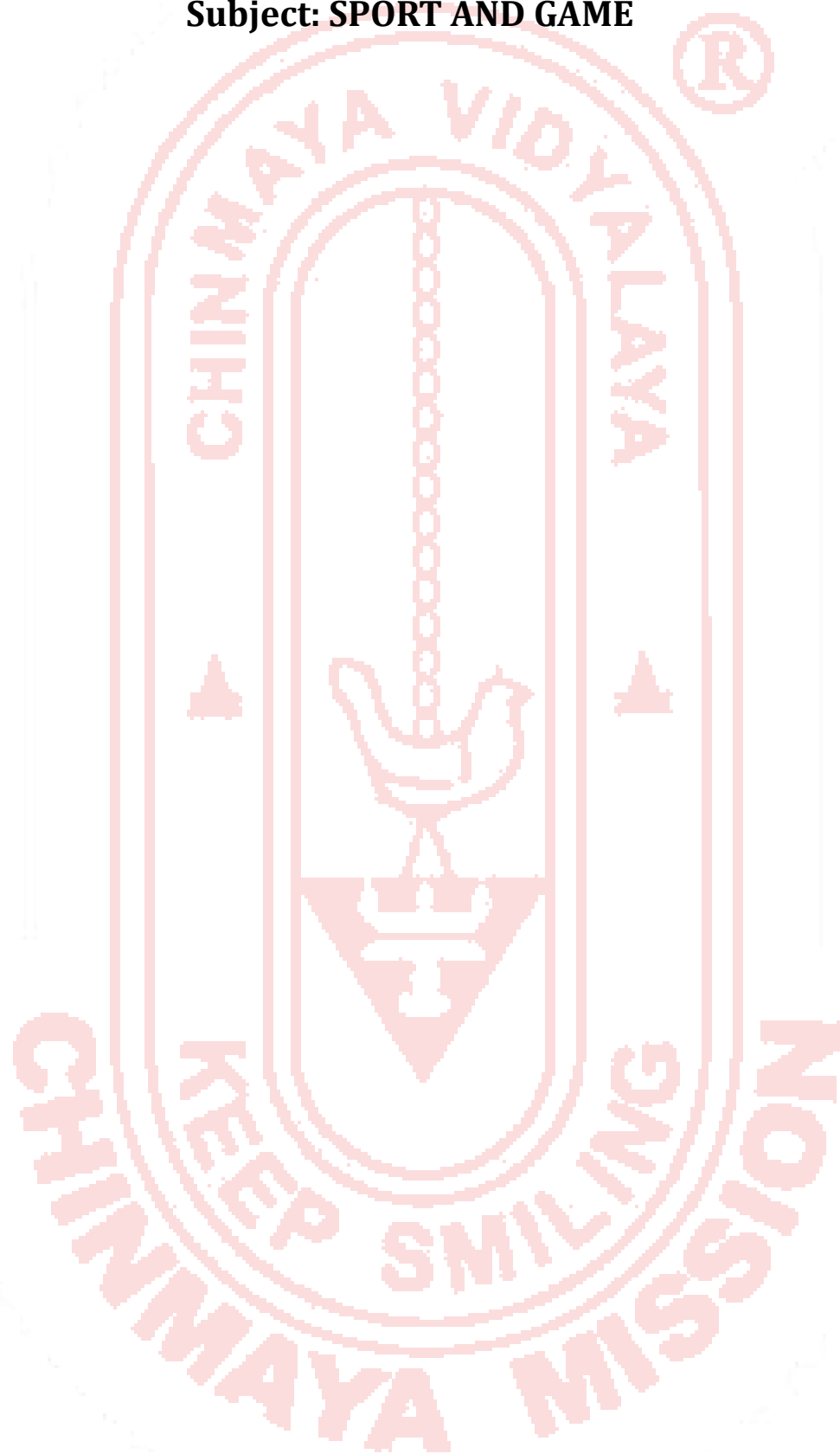
**Subject: SPORT AND GAME**





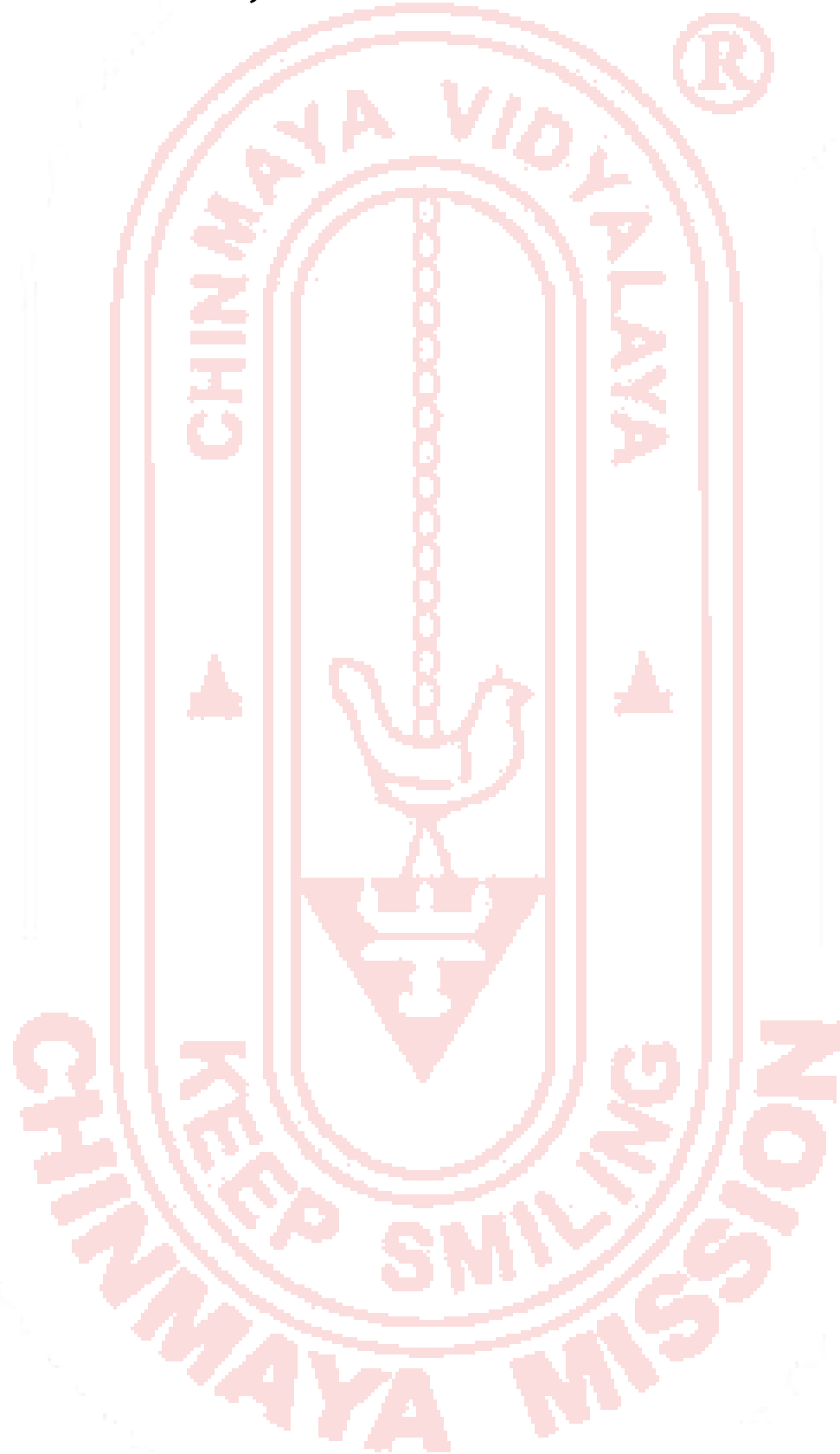
Month	Week	Topics	Sub Topics	Activities
DECEMBER	W1	<b>Kicking, Catching</b>	Kicking for Accuracy and Catching	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Kicking practice (10 mins)</li> <li>- Catching drills (10 mins)</li> <li>- Fun football passing (5 mins)</li> </ul>
	W2	<b>Hopping, Wide Stepping</b>	Coordination and Agility	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Hopping on one foot (5 mins)</li> <li>- Wide Stepping (5 mins)</li> <li>- Agility exercises (5 mins)</li> </ul>
	W3	<b>Kicking, Catching</b>	Kicking for Accuracy and Catching	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Kicking practice (10 mins)</li> <li>- Catching drills (10 mins)</li> <li>- Fun football passing (5 mins)</li> </ul>
	W4	<b>Hopping, Wide Stepping</b>	Coordination and Agility	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Hopping on one foot (5 mins)</li> <li>- Wide Stepping (5 mins)</li> <li>- Agility exercises (5 mins)</li> </ul>
	W5	<b>Kicking, Catching</b>	Kicking for Accuracy and Catching	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Kicking practice (10 mins)</li> <li>- Catching drills (10 mins)</li> <li>- Fun football passing (5 mins)</li> </ul>

**Subject: SPORT AND GAME**



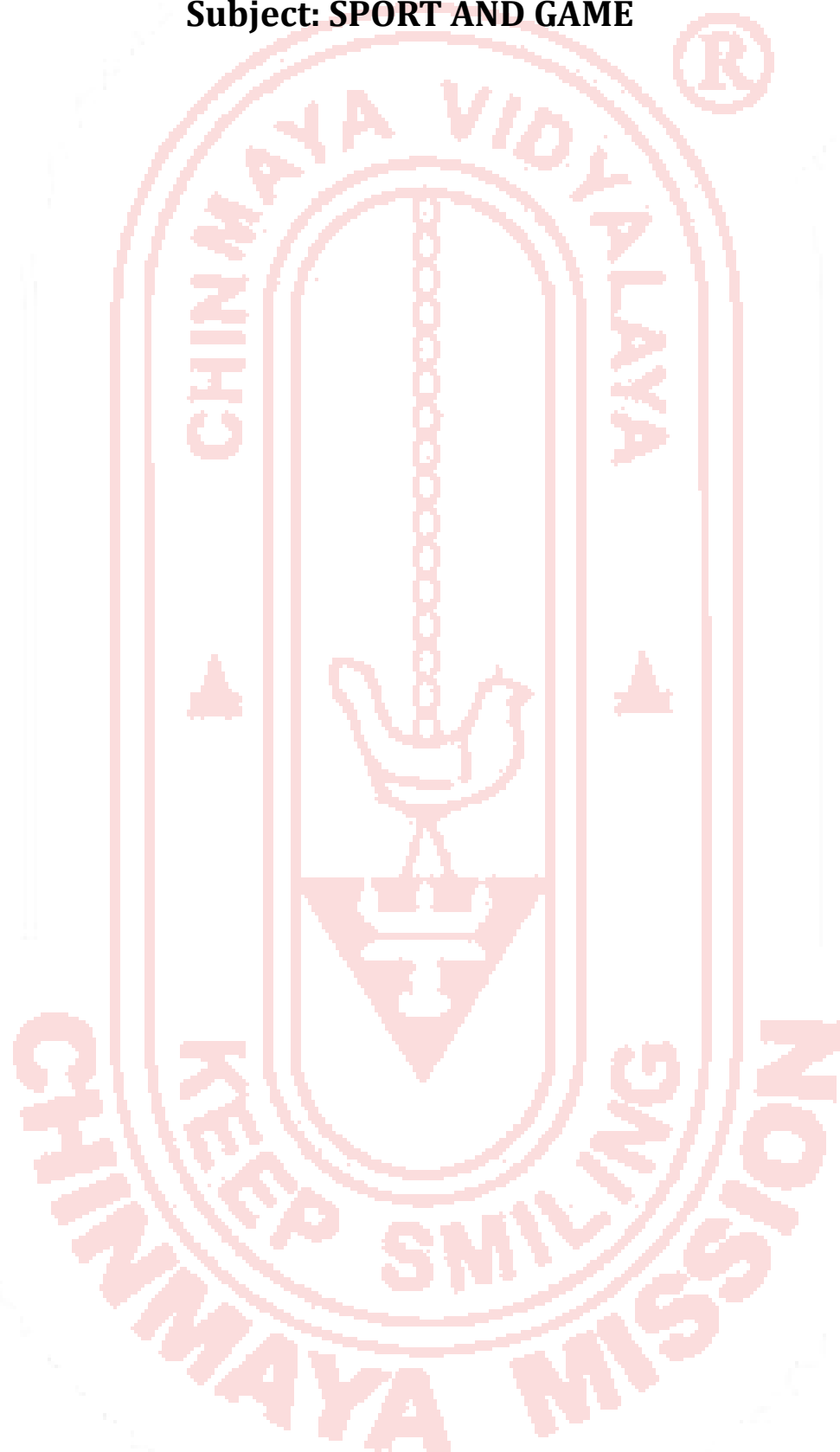
Month	Week	Topics	Sub Topics	Activities
JANUARY	W1	<b>Ladder Climbing</b>	Strength and Balance	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Ladder climbing practice (10 mins)</li> <li>- Balance drills (5 mins)</li> <li>- Fun obstacle course (10 mins)</li> </ul>
	W2	<b>Balance</b>	Stability and Coordination	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Balance beam walking (10 mins)</li> <li>- Static balance (5 mins)</li> <li>- Group balance games (5 mins)</li> </ul>
	W3			
	W4			
	W5			

**Subject: SPORT AND GAME**



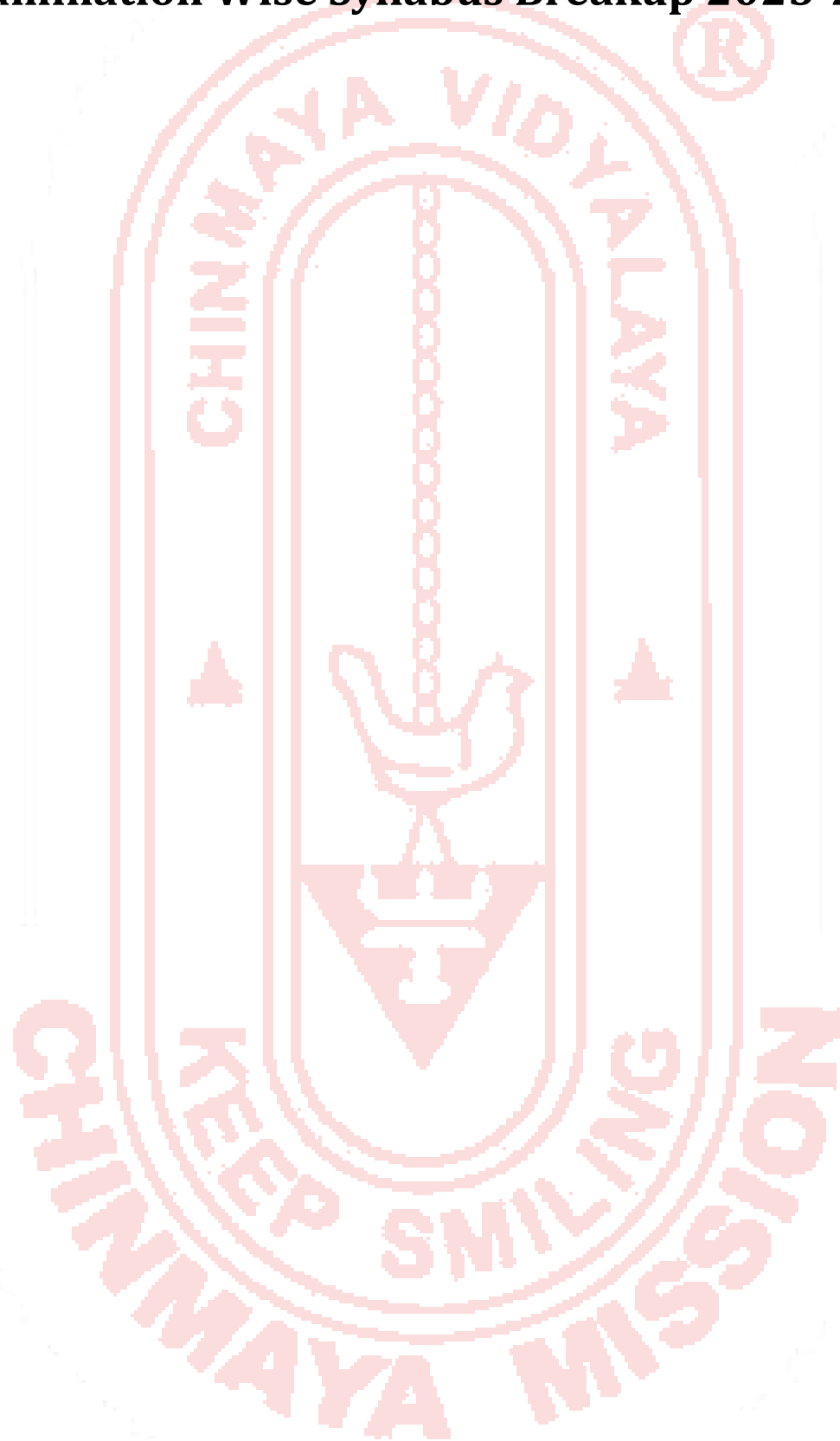
Month	Week	Topics	Sub Topics	Activities
FEBRUARY	W1	<b>Free Hand Exercise</b>	Stretching and Flexibility	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Full body stretches (10 mins)</li> <li>- Relaxation poses (5 mins)</li> <li>- Core work (5 mins)</li> </ul>
	W2	<b>Running, Jumping</b>	Speed and Agility Drills	<ul style="list-style-type: none"> <li>- Warm-up (5 mins)</li> <li>- Sprint races (5 mins)</li> <li>- Jumping over hurdles (5 mins)</li> <li>- Running relay (5 mins)</li> </ul>
	W3			
	W4			
	W5			

**Subject: SPORT AND GAME**



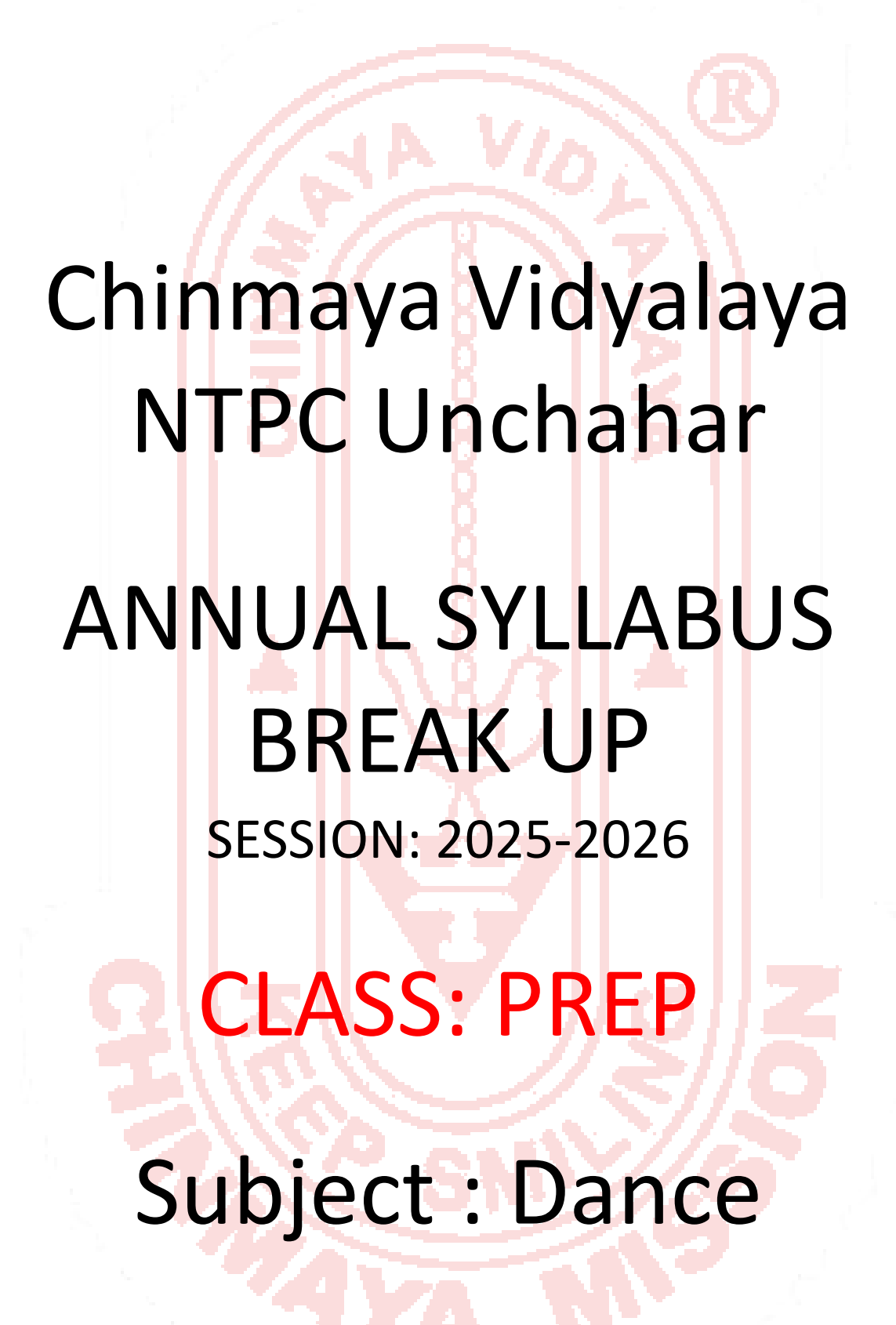
Month	Week	Topics	Sub Topics	Activities
	W1			
	W2			
	W3			
	W4			
	W5			

## Examination Wise Syllabus Breakup 2025-26





Examination	Chapter No./Chapter Name
PT-1	
Term-1/Half Yearly Exam	
PT-2	
Term-2/Annual Exam	



Chinmaya Vidyalaya  
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**ANNUAL SYLLABUS  
BREAK UP**

SESSION: 2025-2026

**CLASS: PREP**

Subject : Dance

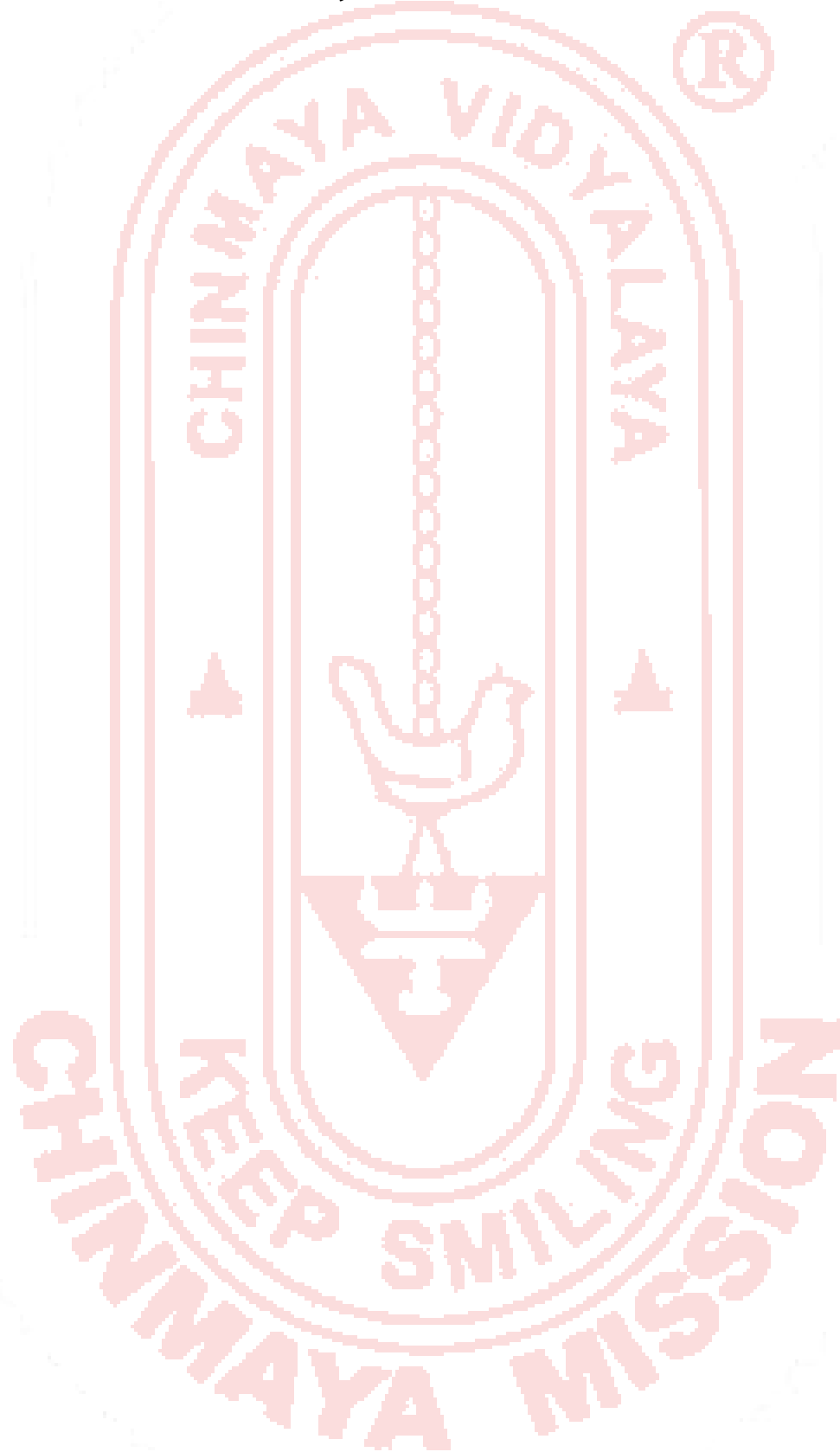
## Subject: DANCE

Month	Week	Topics	Sub Topics	Activities
April	W1	DANCE EXERCISES FOOT+ HAND AND BODY MOVEMENTS)	TATKAR AND HAND MOVEMENTS	DANCIN G
April	W2	DANCE EXERCISES FOOT+ HAND AND BODY MOVEMENTS)	TATKAR AND HAND MOVEMENTS	DANCING
April	W3	DANCE EXERCISES FOOT+ HAND AND BODY MOVEMENTS)	TATKAR AND HAND MOVEMENTS	DANCING
April	W4	DANCE EXERCISES FOOT+ HAND AND BODY MOVEMENTS)	TATKAR AND HAND MOVEMENTS	DANCING
April	W5	DANCE EXERCISES FOOT+ HAND AND BODY MOVEMENTS)	TATKAR AND HAND MOVEMENTS	DANCING

## Subject: DANCE

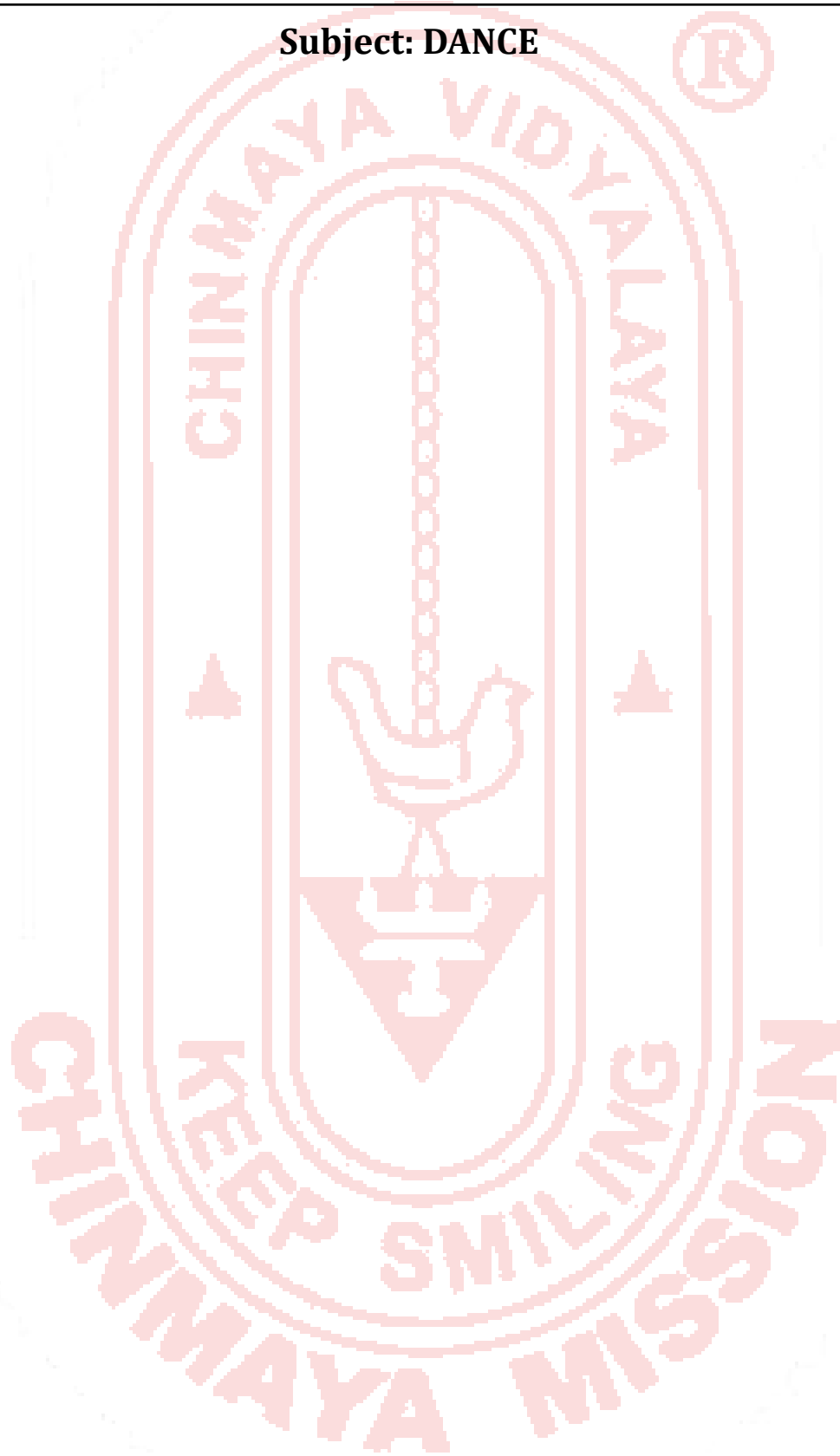
Month	Week	Topics	Sub Topics	Activities
May	W1	BODY MOVEMENTS WITH RHYTHM	MOVEMENTS COORDINATION	DANCING WITH RHYTHM
May	W2	BODY MOVEMENTS WITH RHYTHM	MOVEMENTS COORDINATION	DANCING WITH RHYTHM
May	W3	BODY MOVEMENTS WITH RHYTHM	MOVEMENTS COORDINATION	DANCING WITH RHYTHM
May	W4	BODY MOVEMENTS WITH RHYTHM	MOVEMENTS COORDINATION	DANCING WITH RHYTHM
May	W5	BODY MOVEMENTS WITH RHYTHM	MOVEMENTS COORDINATION	DANCING WITH RHYTHM

**Subject: DANCE**



Month	Week	Topics	Sub Topics	Activities
June	W1	Summer Break	Summer Break	Summer Break
June	W2	Summer Break	Summer Break	Summer Break
June	W3	Summer Break	Summer Break	Summer Break
June	W4	Summer Break	Summer Break	Summer Break
June	W5	Summer Break	Summer Break	Summer Break

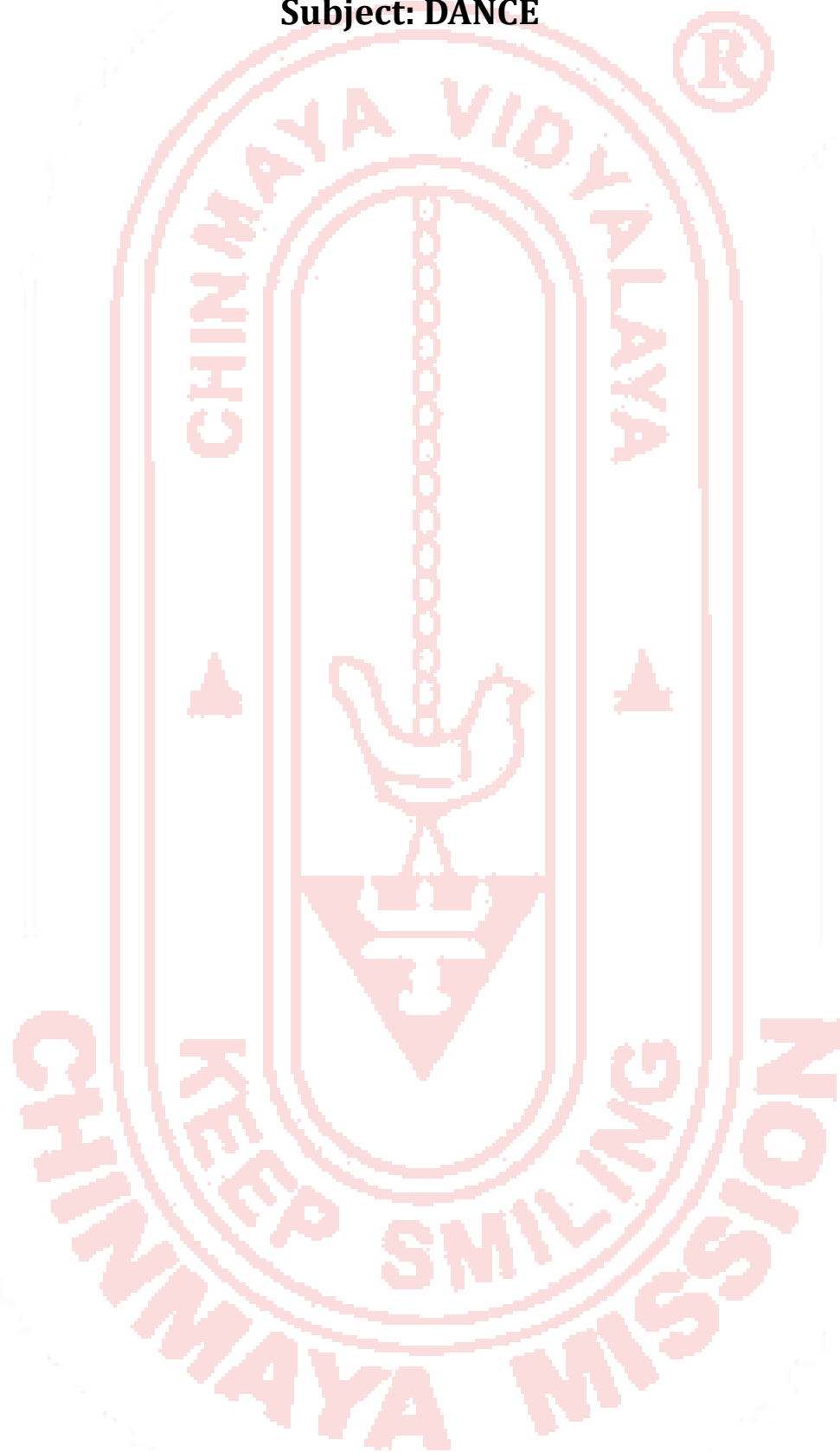
**Subject: DANCE**



Month	Week	Topics	Sub Topics	Activities
July	W1	GAYATRI MANTRA WITH MUDRAS	HAND AND BODY MOVEMENTS ON GAYATRI MANTRA	LEARNING, SINGING AND DANCING ON GAYATRI MANTRA
July	W2	GAYATRI MANTRA WITH MUDRAS	HAND AND BODY MOVEMENTS ON GAYATRI MANTRA	LEARNING, SINGING AND DANCING ON GAYATRI MANTRA
July	W3	GAYATRI MANTRA WITH MUDRAS	HAND AND BODY MOVEMENTS ON GAYATRI MANTRA	LEARNING, SINGING AND DANCING ON GAYATRI MANTRA
July	W4	GAYATRI MANTRA WITH MUDRAS	HAND AND BODY MOVEMENTS ON GAYATRI MANTRA	LEARNING, SINGING AND DANCING ON GAYATRI MANTRA
July	W5	GAYATRI MANTRA WITH MUDRAS	HAND AND BODY MOVEMENTS ON GAYATRI MANTRA	LEARNING, SINGING AND DANCING ON GAYATRI MANTRA

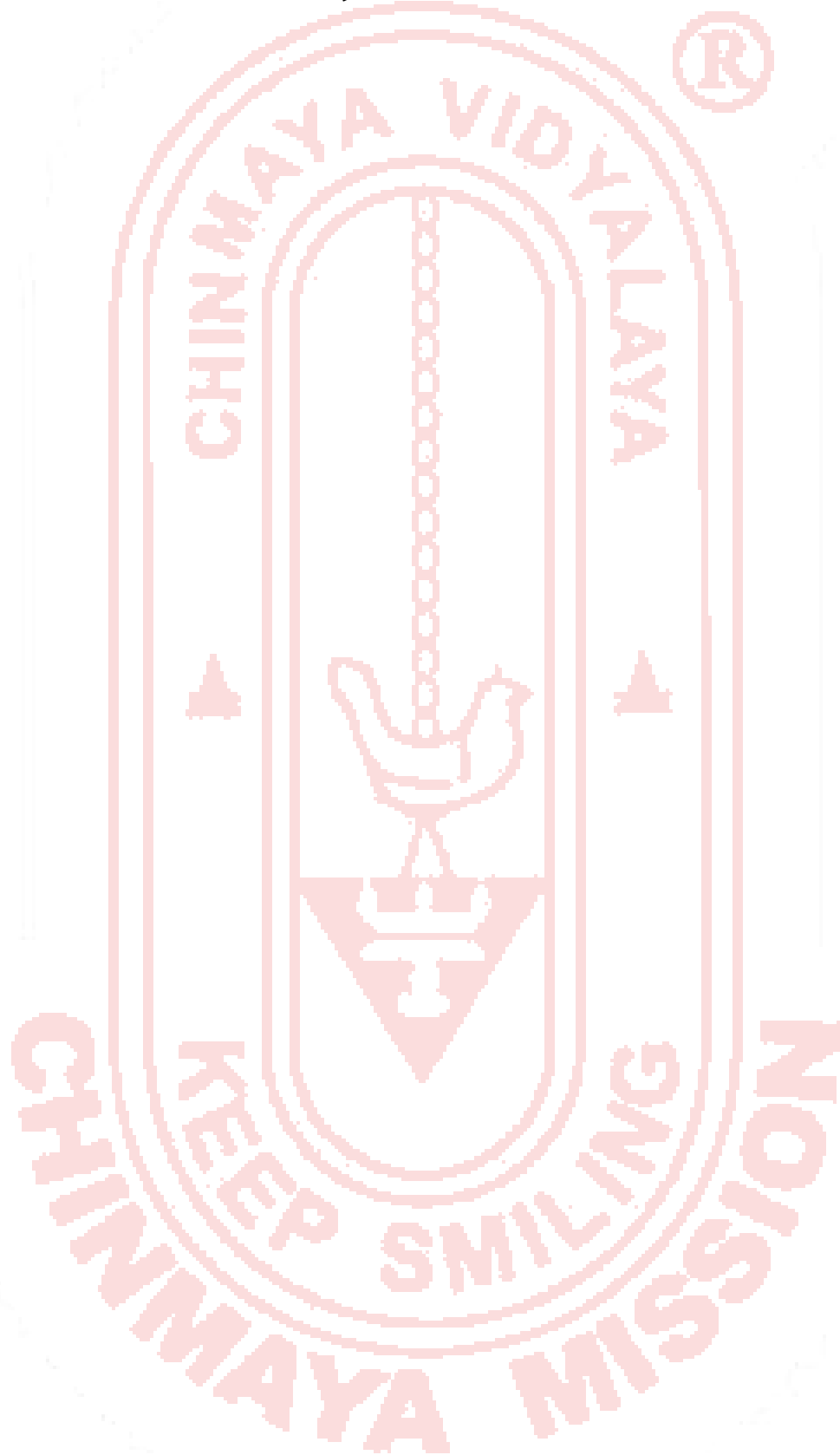


**Subject: DANCE**



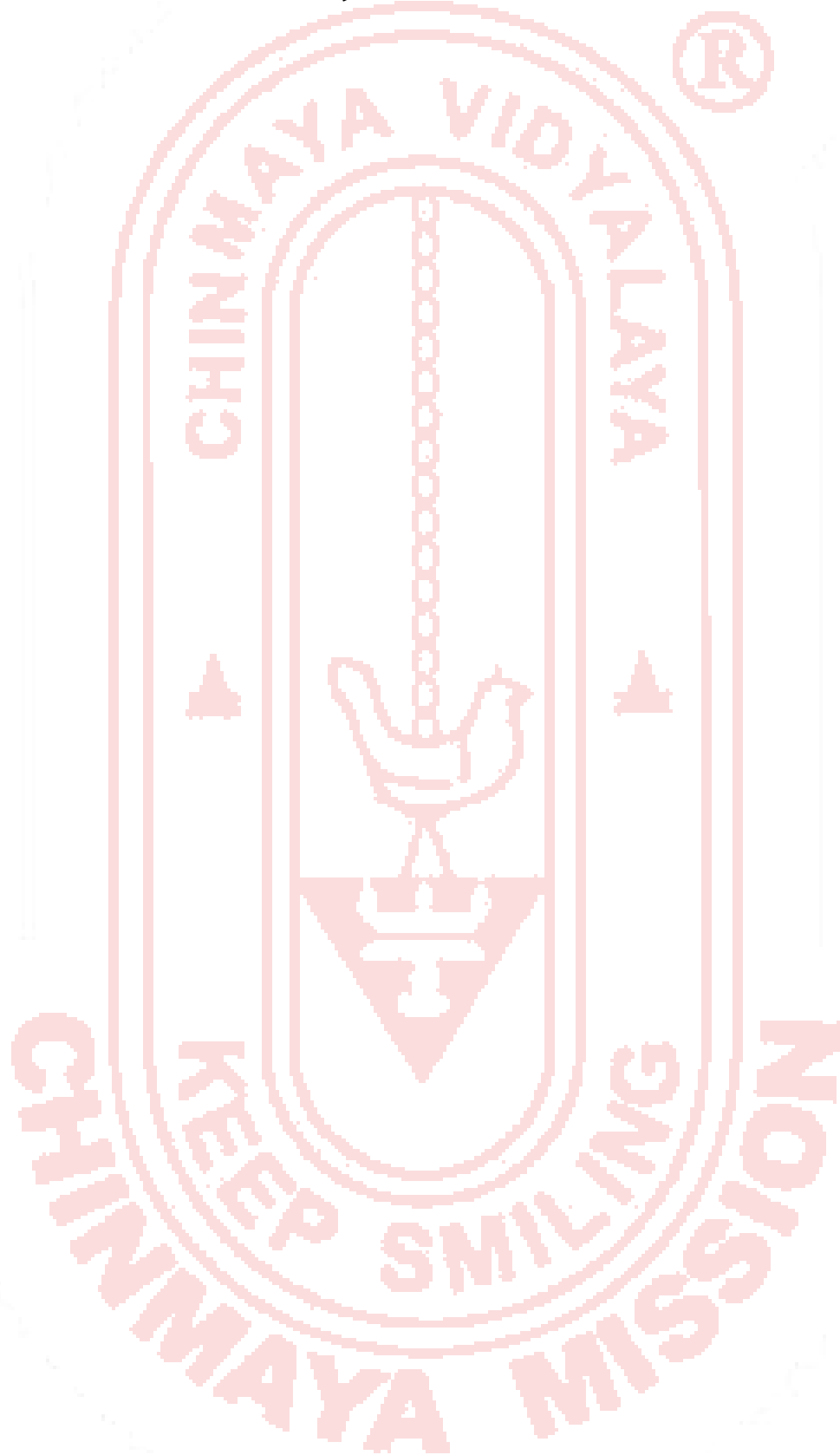
Month	Week	Topics	Sub Topics	Activities
August	W1	PATRIOTIC DANCE	DANCE ON PATRIOTIC SONG	INDEPENDENCE DAY DANCE
August	W2	PATRIOTIC DANCE	DANCE ON PATRIOTIC SONG	INDEPENDENCE DAY DANCE
August	W3	PATRIOTIC DANCE	DANCE ON PATRIOTIC SONG	INDEPENDENCE DAY DANCE
August	W4	PATRIOTIC DANCE	DANCE ON PATRIOTIC SONG	INDEPENDENCE DAY DANCE
August	W5	PATRIOTIC DANCE	DANCE ON PATRIOTIC SONG	INDEPENDENCE DAY DANCE

**Subject: DANCE**



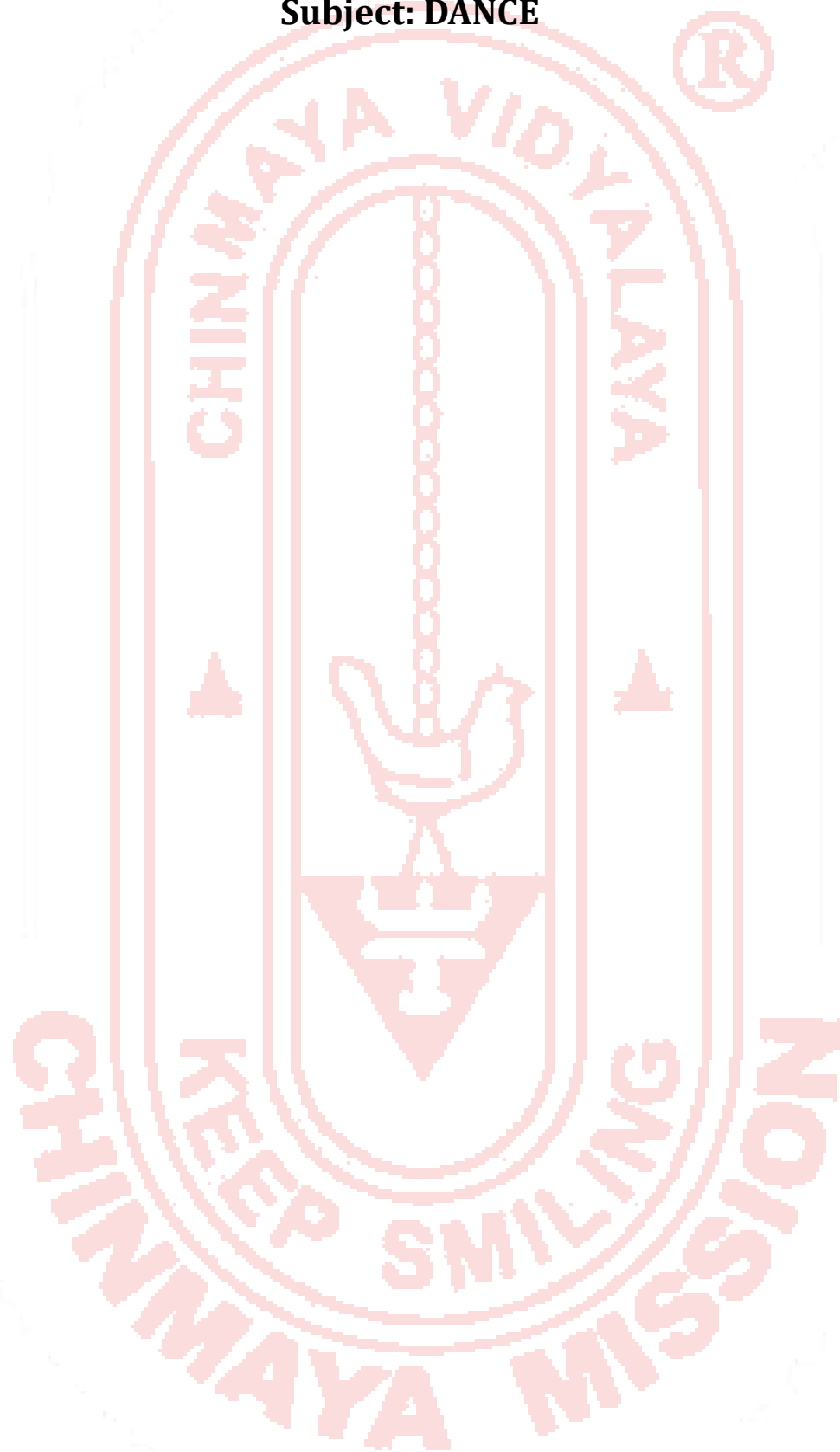
Month	Week	Topics	Sub Topics	Activities
September	W1	GURU VANDANA WITH ACTION	HAND AND BODY MOVEMENTS ON GURU VANDANA	LEARNING, SINGING AND DANCING ON GURU VANDANA
September	W2	GURU VANDANA WITH ACTION	HAND AND BODY MOVEMENTS ON GURU VANDANA	LEARNING, SINGING AND DANCING ON GURU VANDANA
September	W3	GURU VANDANA WITH ACTION	HAND AND BODY MOVEMENTS ON GURU VANDANA	LEARNING, SINGING AND DANCING ON GURU VANDANA
September	W4	GURU VANDANA WITH ACTION	HAND AND BODY MOVEMENTS ON GURU VANDANA	LEARNING, SINGING AND DANCING ON GURU VANDANA
September	W5	GURU VANDANA WITH ACTION	HAND AND BODY MOVEMENTS ON GURU VANDANA	LEARNING, SINGING AND DANCING ON GURU VANDANA

**Subject: DANCE**



Month	Week	Topics	Sub Topics	Activities
October	W1	ANIMAL DANCE IN WESTERN STYLE.	ANIMAL DANCE IN WESTERN STYLE.	DANCING ON ANIMAL SONG IN CLASS
October	W2	ANIMAL DANCE IN WESTERN STYLE.	ANIMAL DANCE IN WESTERN STYLE.	DANCING ON ANIMAL SONG IN CLASS
October	W3	ANIMAL DANCE IN WESTERN STYLE.	ANIMAL DANCE IN WESTERN STYLE.	DANCING ON ANIMAL SONG IN CLASS
October	W4	ANIMAL DANCE IN WESTERN STYLE.	ANIMAL DANCE IN WESTERN STYLE.	DANCING ON ANIMAL SONG IN CLASS
October	W5	ANIMAL DANCE IN WESTERN STYLE.	ANIMAL DANCE IN WESTERN STYLE.	DANCING ON ANIMAL SONG IN CLASS

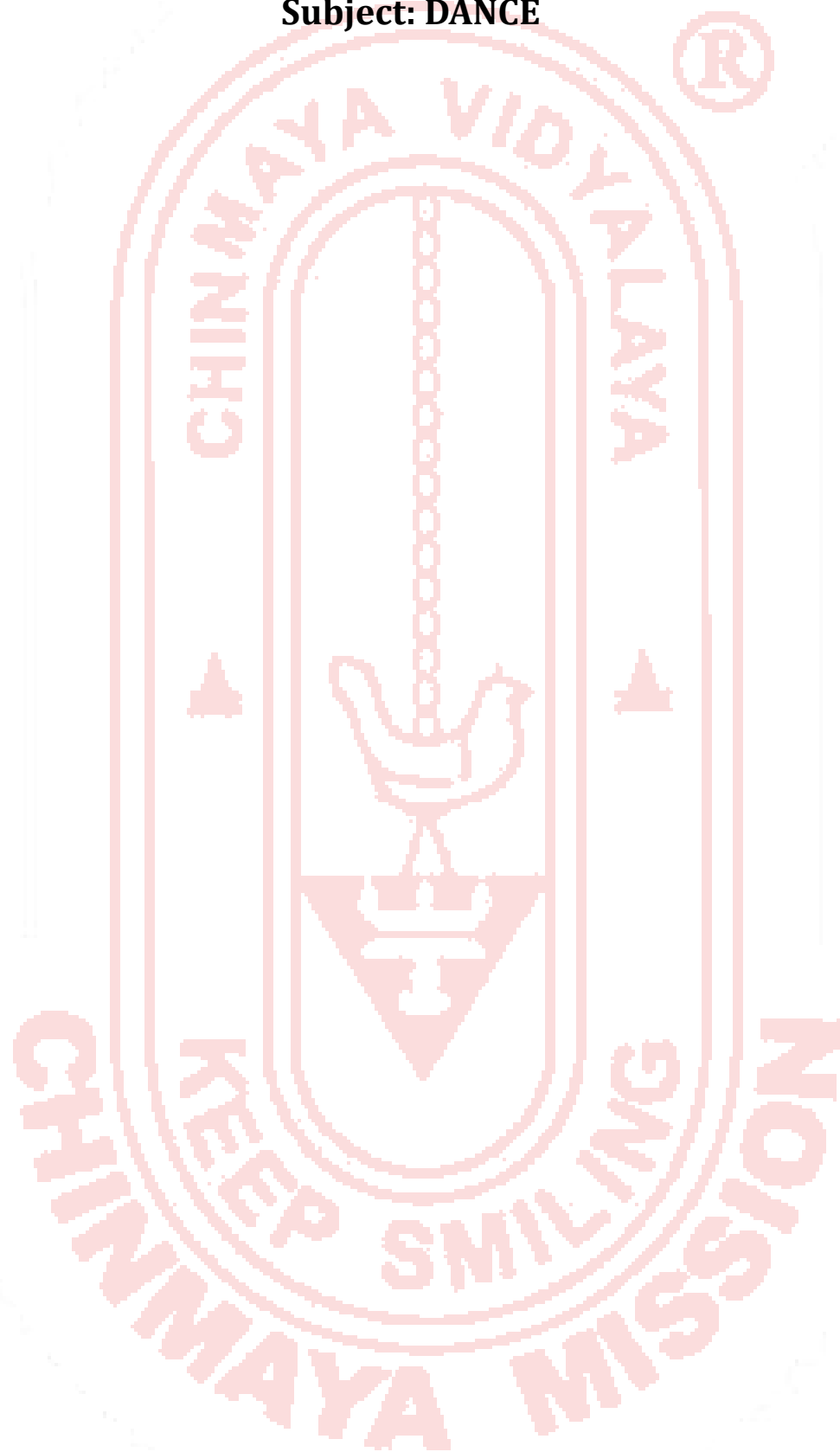
**Subject: DANCE**



Month	Week	Topics	Sub Topics	Activities
November	W1	BUTTER FLY DANCE WITH RHYTHEM	DANCE ON SONG IN BUTTERFLY STYLE	DANCING IN BUTTERFLY STYLE IN CLASS
November	W2	BUTTER FLY DANCE WITH RHYTHEM	DANCE ON SONG IN BUTTERFLY STYLE	DANCING IN BUTTERFLY STYLE IN CLASS
November	W3	BUTTER FLY DANCE WITH RHYTHEM	DANCE ON SONG IN BUTTERFLY STYLE	DANCING IN BUTTERFLY STYLE IN CLASS
November	W4	BUTTER FLY DANCE WITH RHYTHEM	DANCE ON SONG IN BUTTERFLY STYLE	DANCING IN BUTTERFLY STYLE IN CLASS
November	W5	BUTTER FLY DANCE WITH RHYTHEM	DANCE ON SONG IN BUTTERFLY STYLE	DANCING IN BUTTERFLY STYLE IN CLASS

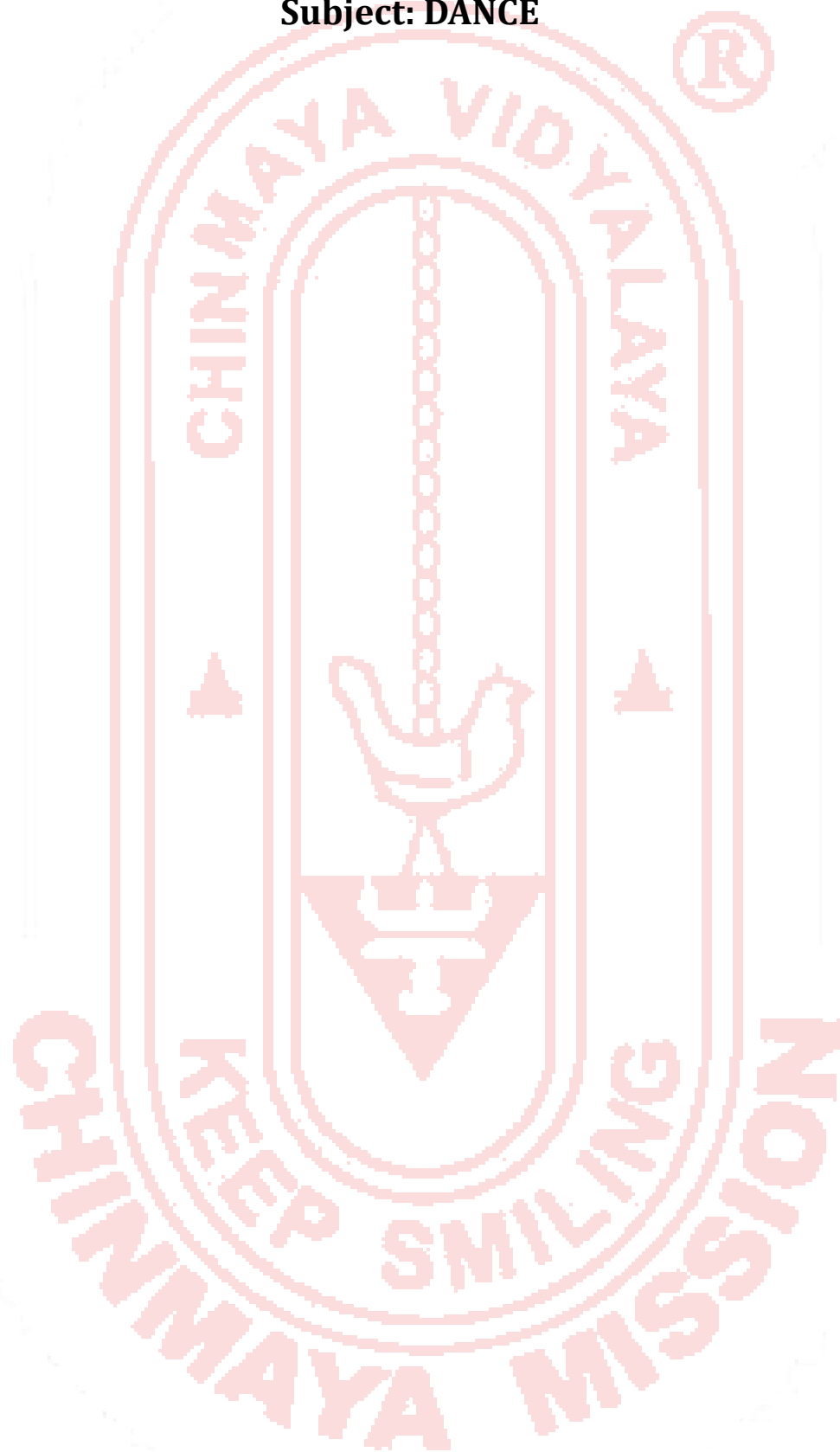


**Subject: DANCE**



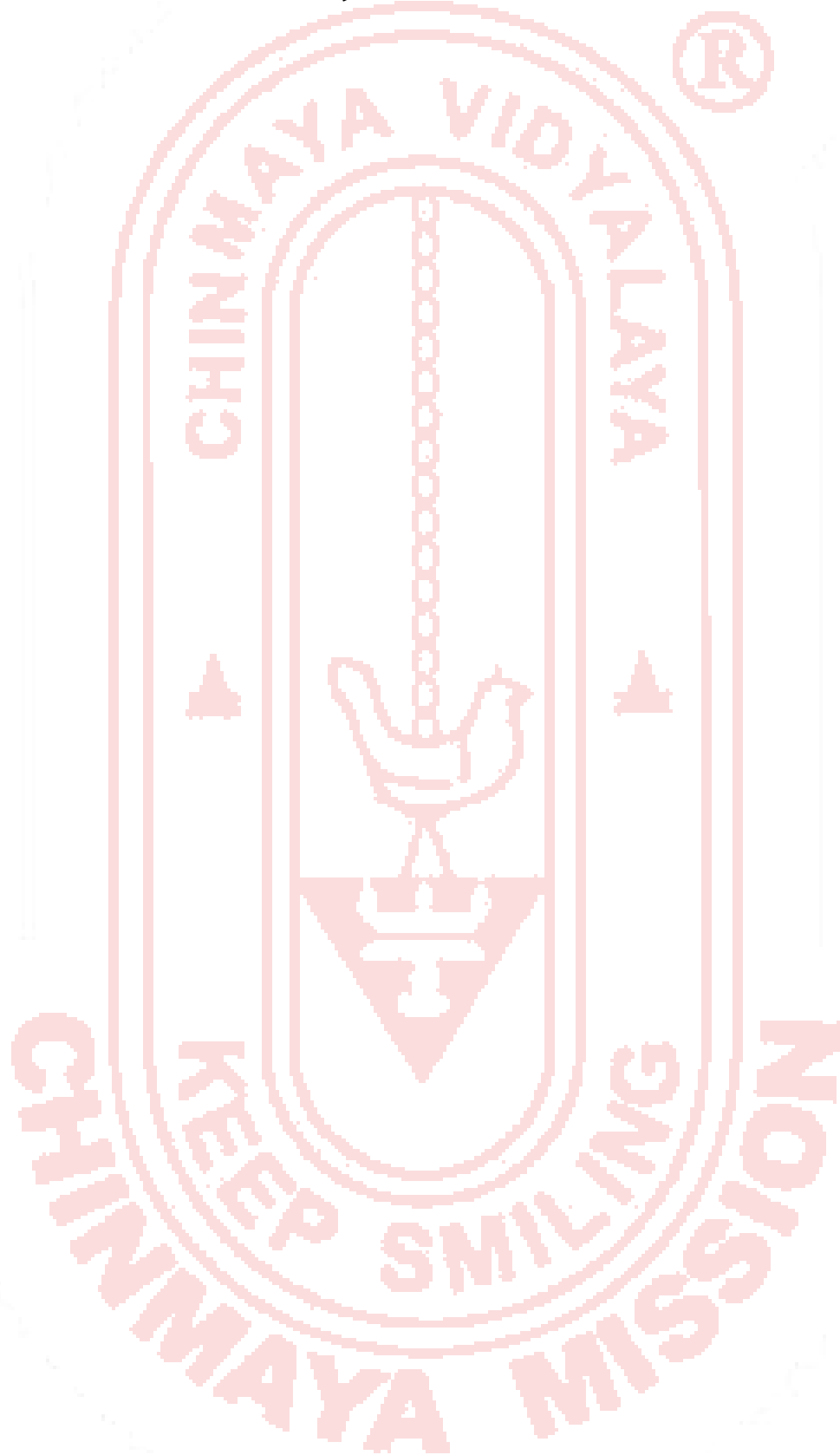
Month	Week	Topics	Sub Topics	Activities
December	W1	CHRISTMAS CAROLS AND ACTION SONG DANCE	DANCE ON CHRISTMAS CAROL AND ACTION SONGS	CHRISTMAS DAY ACTIVITY
December	W2	CHRISTMAS CAROLS AND ACTION SONG DANCE	DANCE ON CHRISTMAS CAROL AND ACTION SONGS	CHRISTMAS DAY ACTIVITY
December	W3	CHRISTMAS CAROLS AND ACTION SONG DANCE	DANCE ON CHRISTMAS CAROL AND ACTION SONGS	CHRISTMAS DAY ACTIVITY
December	W4	CHRISTMAS CAROLS AND ACTION SONG DANCE	DANCE ON CHRISTMAS CAROL AND ACTION SONGS	CHRISTMAS DAY ACTIVITY
December	W5	CHRISTMAS CAROLS AND ACTION SONG DANCE	DANCE ON CHRISTMAS CAROL AND ACTION SONGS	CHRISTMAS DAY ACTIVITY

**Subject: DANCE**



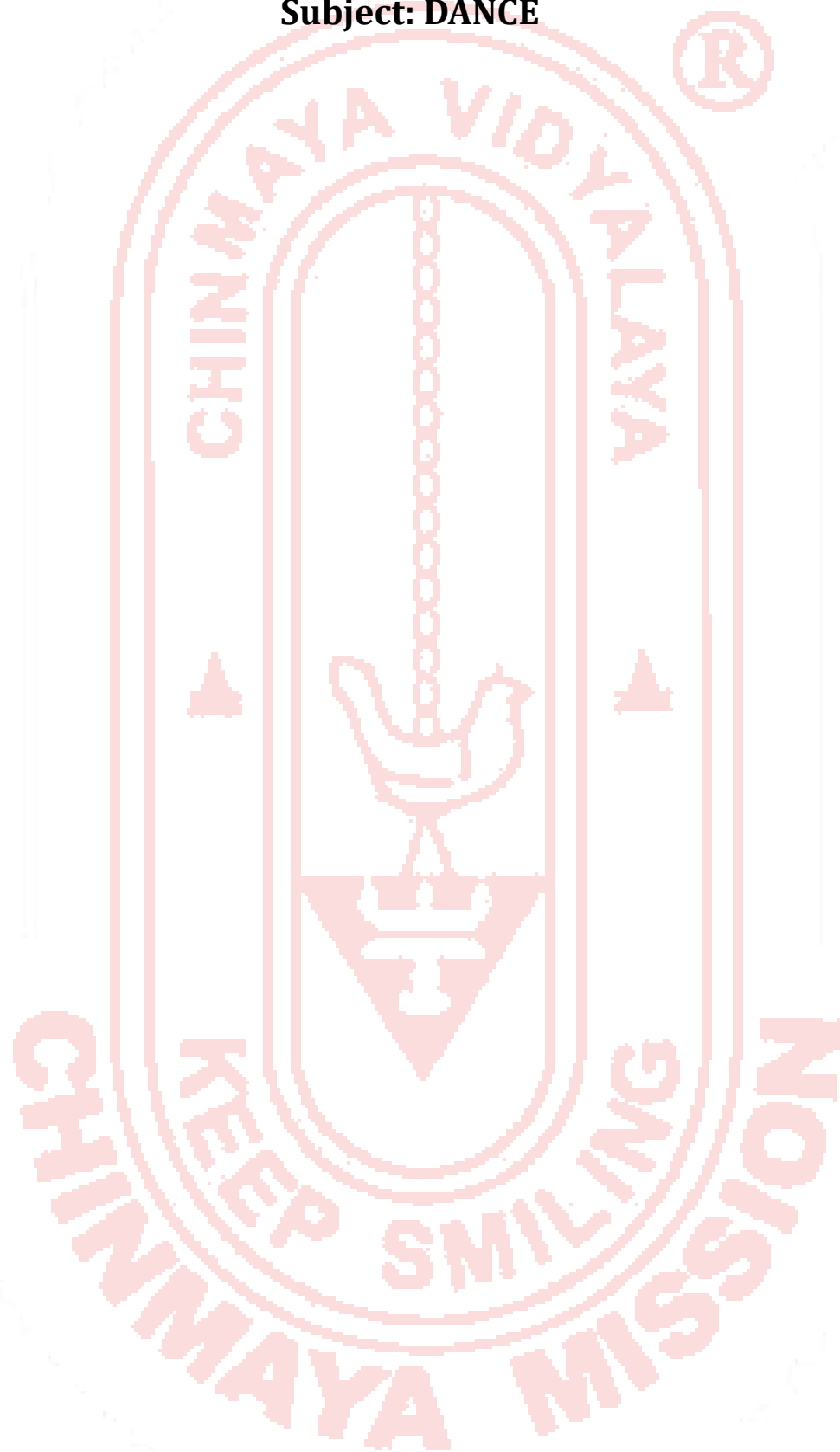
Month	Week	Topics	Sub Topics	Activities
January	W1	FOLK DANCE AND FREESTYLE	Folk dances and freestyle dances	Dancing on folk songs of different culture
January	W2	FOLK DANCE AND FREESTYLE	Folk dances and freestyle dances	Dancing on folk songs of different culture
January	W3	FOLK DANCE AND FREESTYLE	Folk dances and freestyle dances	Dancing on folk songs of different culture
January	W4	FOLK DANCE AND FREESTYLE	Folk dances and freestyle dances	Dancing on folk songs of different culture
January	W5	FOLK DANCE AND FREESTYLE	Folk dances and freestyle dances	Dancing on folk songs of different culture

**Subject: DANCE**



Month	Week	Topics	Sub Topics	Activities
February	W1	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHOUT THE YEAR.	Revision	Revision
February	W2	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHOUT THE YEAR.	Revision	Revision
February	W3	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHOUT THE YEAR.	Revision	Revision
February	W4	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHOUT THE YEAR.	Revision	Revision
February	W5	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHOUT THE YEAR.	Revision	Revision

**Subject: DANCE**



Month	Week	Topics	Sub Topics	Activities
March	W1	ANNUAL EXAMS	ANNUAL EXAMS	ANNUAL EXAMS
March	W2	ANNUAL EXAMS	ANNUAL EXAMS	ANNUAL EXAMS
March	W3	ANNUAL EXAMS	ANNUAL EXAMS	ANNUAL EXAMS
March	W4	ANNUAL EXAMS	ANNUAL EXAMS	ANNUAL EXAMS
March	W5	ANNUAL EXAMS	ANNUAL EXAMS	ANNUAL EXAMS



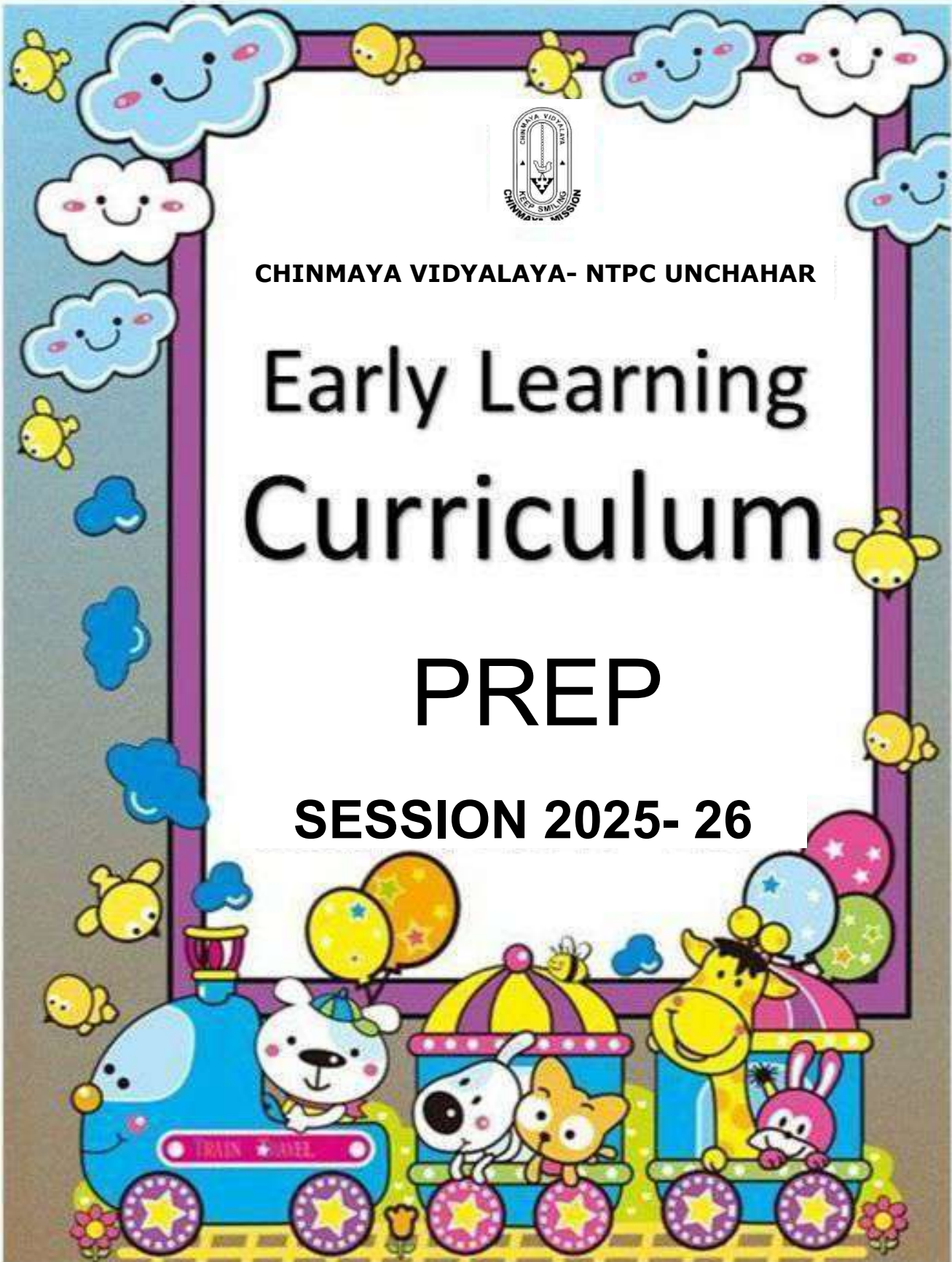


**CHINMAYA VIDYALAYA- NTPC UNCHAHAR**

# Early Learning Curriculum

## PREP

**SESSION 2025- 26**





## **CHINMAYA VIDYALAYA, NTPC UNCHAHAR**

### **CLASS - PREP CURRICULUM, SESSION: 2025 - 2026**

#### **LITERACY**

- Introduction of Letters A and B by facilitator
- Vocabulary, story and craft related to each letter
- Jolly Phonics - A & B
- Alphabet Song

#### **NUMERACY**

- Number Songs
- Introduction of Number 1 by facilitator
- Finger Magic
- Oral Counting ( 1- 5 )
- Colour – Green (Nature Walk)
- Shape - Circle

#### **ENVIRONMENTAL AWARENESS**

- Know Me
- Parts of Body by facilitator
- Opposites - Hot/Cold
- Season – Summer Delight
- Action Words - Clapping, Jumping
- Greetings - Good morning, Good Bye
- Fruits - Apple, Mango
- Vegetables - Tomato, Ladyfinger

#### **DEVELOPMENTAL ACTIVITIES**

- Munch Me - Apple
- Bubble Fun
- Mom You Are My Sunshine
- Thumb Printing
- Picture Talk

#### **CELEBRATIONS**

- Earth Day
- Green Day Celebration
- Mango Delight







**CHINMAYA VIDYALAYA, NTPC UNCHAHAR**  
**CLASS - PREP CURRICULUM, SESSION: 2025 - 2026**

**LITERACY**

- Introduction of Letters C, D, E and F by facilitator
- Vocabulary, story and craft related to each letter
- Jolly Phonics - C, D, E & F

**NUMERACY**

- Number Songs
- Recognition of Numbers 2 and 3
- Oral Counting ( 1 - 5 )
- Colour - Red, Yellow through activity
- Shape – Square (Handkerchief activity)
- Comparison - Big/Small (Flash Card)

**ENVIRONMENTAL AWARENESS**

- My Country My Pride
- Parts of Body
- Opposites - Happy/Sad
- Season – Monsoon Mania
- Action Words - Dancing, Rolling
- Fruits - Banana, Watermelon
- Vegetables - Potato, Bottle Gourd
- Magic Word - Thank You

**DEVELOPMENTAL ACTIVITIES**

- Car Racing
- Dino Party
- Elephant Ring Toss
- Fruit Salad
- Tower Building
- Read Aloud Picture Cards

**CELEBRATIONS**

- Independence Day
- Rakshabandhan
- School Foundation Day





## **CHINMAYA VIDYALAYA, NTPC UNCHAHAR**

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#### **LITERACY**

- Introduction of Letters G, H, I, J, K and L by facilitator
- Vocabulary, story and craft related to each letter
- Jolly Phonics - G, H, I, J, K & L

#### **ENVIRONMENTAL AWARENESS**

- Introduction of Farm Animals by facilitator
- My Family - Parents, Grandparents, Brother, Sister through puppets
- Opposites - In/Out
- Action Words - Sleeping, Yawning
- Fruits - Papaya, Grapes
- Vegetables - Brinjal, Pumpkin
- Magic Word - Please

#### **NUMERACY**

- Number Songs
- Recognition of Numbers 4, 5 and 6
- Step Counting ( 1 - 10 )
- Colour - Blue, Orange
- Shape - Rectangle
- Comparison - One/Many

#### **DEVELOPMENTAL ACTIVITIES**

- Clay Modelling
- Match and Pair
- Sand Pit
- Puzzles
- Aerobics
- Lacing
- Salt Pepper Experiment
- Guess The Pictures

#### **CELEBRATIONS**

- Janamashtami





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### **NUMERACY**

#### **LITERACY**

- Introduction of Letters M, N, O, P, Q and R by facilitator
- Vocabulary, story and craft related to each letter
- Phonic Drill
- Alphabet Song

- Number Songs
- Recognition of Numbers 7 and 8
- Oral Counting ( 1 - 15 )
- Seration of Numbers (1 - 5 )
- Colour - Pink, Purple (Paper Crush)
- Shape - Triangle through Sandwich Party
- Comparison - Tall/Short

#### **CELEBRATIONS**

- Dussehra
- Diwali
- Children's Day

#### **ENVIRONMENTAL AWARENESS**

- Introduction of Wild Animals through mask making activity
- Modes of Transport - Land (Traffic Park)
- Opposites - Day/Night
- Season - Winter
- Action Words - Hopping, Flying, Sitting
- Fruits - Orange, Strawberry
- Vegetables - Broccoli, Cauliflower
- Magic Word - Thank you, Please

#### **DEVELOPMENTAL ACTIVITIES**

- Vegetable Mart
- Sink/Float
- Sponge Fun
- Mask Making
- Sensory Game
- Beam Balance
- Sorting
- Jungle Safari







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**NUMERACY**

**LITERACY**

- Introduction of Letters S, T, U, V and W by facilitator
- Vocabulary, story and craft related to each letter
- Jolly Phonics A - Z
- Simple Sentence (Oral)



- Number Songs
- Recognition of Numbers 9 and 10
- Oral Counting ( 1 - 20 )
- Seriation of Numbers ( 1 - 10 )
- Matching and Pairing
- Colour - White, Black
- Shape - Star
- Comparison - Heavy/Light

**ENVIRONMENTAL AWARENESS**

- Introduction of Pet Animals
- Modes of Transport - Air
- Opposites - Day/Night, Up/Down
- Action Words - Eating, Playing, Drinking
- Fruits - Pineapple, Guava
- Vegetables - Peas, Capsicum
- Magic Word- Sorry
- Food - Healthy/Junk

**CELEBRATIONS**

- Christmas
- New Year
- Lohri
- Republic Day

**DEVELOPMENTAL ACTIVITIES**

- Parachute Activity
- Collage Making
- Puppet Show
- Hopscotch
- Picture Reading



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### **ENVIRONMENTAL AWARENESS**

#### **LITERACY**

- Introduction of Letters X, Y and Z
- Vocabulary, story and craft related to each letter
- Phonic Drill
- Simple Sentence Structure
- Pre Writing Strokes - Tracing on Patterns
- Jolly Phonics

#### **NUMERACY**

- Recapitulation of all numbers ( 1 - 10 )
- Oral Counting ( 1 - 20 )
- Seriation of Numbers ( 1 - 10 )
- Backward Counting ( 5 - 1 )
- Shape - Heart
- Comparison - Far/Near

- Habits and Manners
- Plants - Parts and Products through poster making
- Modes of Transport - Water
- Season - Spring
- Opposites - Dry/Wet, Fast/ Slow
- Action Words - Standing, Blinking
- Fruits - Cherry, Kiwi
- Vegetables - Carrot, Radish
- Magic Word - Please, Sorry

#### **DEVELOPMENTAL ACTIVITIES**

- Games in the Ground
- Table Etiquettes
- Spring Craft
- Origami
- Mindful Games

#### **CELEBRATIONS**

- Basant
- Holi

